

## 19. Schneller Zehner in Niederrodenbach am 25.03.2012

| Platz | St.Nr | Name        | Vorname    | JG   | Verein                         | Zeit    | AK         | Platz<br>AK |
|-------|-------|-------------|------------|------|--------------------------------|---------|------------|-------------|
| 1     | 340   | Müller      | Matthias   | 1981 | TSG Weinheim                   | 31:19,9 | M 30       | 1           |
| 2     | 282   | Alfen       | Felix      | 1990 | LT DSHS Köln                   | 32:12,4 | M 20       | 1           |
| 3     | 355   | Eckhardt    | Christian  | 1988 | TSG Kleinostheim               | 33:19,5 | M 20       | 2           |
| 4     | 234   | Özaykut     | Heiko      | 1972 | TV Waldstraße Wiesbaden        | 33:20,8 | M 40       | 1           |
| 5     | 110   | Burkhardt   | Dominik    | 1977 | TUS Griesheim                  | 33:32,2 | M 35       | 1           |
| 6     | 216   | Obst        | Michael    | 1970 | TUS Griesheim                  | 33:45,5 | M 40       | 2           |
| 7     | 168   | Blaschek    | Thomas     | 1973 | SSC Hanau-Rodenbach            | 33:47,8 | M 35       | 2           |
| 8     | 231   | Schrauder   | Michael    | 1977 | TV Wasserlos                   | 34:18,2 | M 35       | 3           |
| 9     | 169   | Ostermeier  | Maximilian | 1988 | SSC Hanau-Rodenbach            | 34:27,2 | M 20       | 3           |
| 10    | 256   | Behnke      | Thorsten   | 1972 | VL                             | 34:31,4 | M 40       | 3           |
| 11    | 13    | Ajkay       | Zoltan     | 1977 | LG Eintracht Frankfurt         | 34:37,8 | M 35       | 4           |
| 12    | 101   | Weber       | Maximilian | 1990 | TriTeam SSKC Aschaffenburg     | 34:40,8 | M 20       | 4           |
| 13    | 6     | Conrad      | Peter      | 1966 | LG BSN                         | 34:41,4 | M 45       | 1           |
| 14    | 303   | Hett        | Rainer     | 1966 | Taunuga SSC Oberursel          | 34:44,3 | M 45       | 2           |
| 15    | 343   | Sämmler     | Christian  | 1986 | Software AG                    | 34:59,8 | M 20       | 5           |
| 16    | 260   | Ruhland     | Manuel     | 1985 | LG Neu-Isenburg                | 35:00,6 | M 20       | 6           |
| 17    | 35    | Kuhlmann    | Dirk       | 1970 | Skills 04 Frankfurt            | 35:02,4 | M 40       | 4           |
| 18    | 120   | Schütz      | Stefan     | 1961 | Software AG DSW 1912 Darmstadt | 35:03,4 | M 50       | 1           |
| 19    | 356   | Knorpp      | Rainer     | 1968 | Spiridon Frankfurt             | 35:09,5 | M 40       | 5           |
| 20    | 228   | Stoll       | Christian  | 1959 | TV Waldstraße Wiesbaden        | 35:10,7 | M 50       | 2           |
| 21    | 141   | Morschhäus  | Edgar      | 1960 | ACICS Fronrunner               | 35:19,3 | M 50       | 3           |
| 22    | 280   | Abdel       | Graine     | 1966 | Sport Hübner Laufteam          | 35:21,5 | M 45       | 3           |
| 23    | 215   | Kehl        | Thomas     | 1978 | Skills 04 Frankfurt            | 35:22,4 | M 30       | 2           |
| 24    | 188   | De Benedict | Paolo      | 1962 | LG Stadt Hattersheim           | 35:25,5 | M 50       | 4           |
| 25    | 170   | Tewolde     | Kidane     | 1996 | SSC Hanau-Rodenbach            | 35:29,1 | mJgdB / 16 | 1           |
| 26    | 14    | Wiegand     | Frank      | 1965 | LG BSN                         | 35:34,4 | M 45       | 4           |
| 27    | 176   | Schlögel    | Wolfgang   | 1961 | SSC Hanau-Rodenbach            | 35:37,4 | M 50       | 5           |
| 28    | 254   | Nückel      | Ole        | 1978 | VL                             | 35:38,9 | M 30       | 3           |
| 29    | 299   | Eckert      | Rolf       | 1966 | TV Salmünster                  | 35:45,3 | M 45       | 5           |
| 30    | 363   | Trunk       | Jannik     | 1996 | SSC Hanau-Rodenbach            | 35:46,2 | mJgdB / 16 | 2           |
| 31    | 279   | Zang        | Sebastian  | 1989 | Sport Hübner Laufteam          | 35:47,7 | M 20       | 7           |
| 32    | 18    | Ickstadt    | Rainer     | 1961 | LG BSN                         | 35:50,8 | M 50       | 6           |
| 33    | 324   | Grünwald    | Julian     | 1991 | LT Freigericht                 | 35:57,8 | M 20       | 8           |
| 34    | 281   | Uhl         | Roger      | 1969 | TSG Kleinostheim               | 36:01,6 | M 40       | 6           |
| 35    | 172   | Löffler     | Marlin     | 1995 | SSC Hanau-Rodenbach            | 36:02,4 | mJgdB / 17 | 1           |
| 36    | 341   | Engel       | Jochen     | 1967 | LT Freigericht                 | 36:09,4 | M 45       | 6           |
| 37    | 74    | Brückmann   | Axel       | 1983 | TV Waldstraße Wiesbaden        | 36:10,6 | M 20       | 9           |
| 38    | 94    | Sieberger   | Gero       | 1973 | Spiridon Frankfurt             | 36:14,0 | M 35       | 5           |
| 39    | 344   | Sämmler     | Daniela    | 1988 | Software AG                    | 36:15,2 | W 20       | 1           |
| 40    | 296   | Köhler      | Karl-Heinz | 1961 | LG BSN                         | 36:17,1 | M 50       | 7           |
| 41    | 360   | Deckenbach  | Ralf       | 1974 | LT Hanau/Bruchköbel            | 36:23,2 | M 35       | 6           |
| 42    | 380   | Bilz        | Uwe        | 1969 | LT Freigericht                 | 36:33,1 | M 40       | 7           |
| 43    | 173   | Gottfried   | Julien     | 1997 | SSC Hanau-Rodenbach            | 36:57,3 | mSchA / 15 | 1           |
| 44    | 181   | Sahitay     | Lulzim     | 1992 | SSC Hanau-Rodenbach            | 36:59,8 | M 20       | 10          |
| 45    | 283   | Mäkitalo    | Tommi      | 1966 | LG BSN                         | 37:01,9 | M 45       | 7           |
| 46    | 37    | Sämman      | Thomas     | 1990 | ELT GroÙheubach                | 37:05,4 | M 20       | 11          |
| 47    | 258   | Donner      | Robert     | 1959 | TV Waldstraße Wiesbaden        | 37:06,4 | M 50       | 8           |
| 48    | 198   | Thomas      | Oliver     | 1962 | TV Waldstraße Wiesbaden        | 37:08,9 | M 50       | 9           |
| 49    | 142   | Knust       | Stefan     | 1970 | LG Rüsselsheim                 | 37:09,4 | M 40       | 8           |
| 50    | 261   | Walloch     | Christina  | 1980 | TV Waldstraße Wiesbaden        | 37:10,2 | W 30       | 1           |
| 51    | 154   | Löffler     | Lanny      | 1998 | SSC Hanau-Rodenbach            | 37:11,6 | mSchA / 14 | 1           |
| 52    | 113   | Volz        | Meinhard   | 1963 | TuS Weilnau                    | 37:12,1 | M 45       | 8           |
| 53    | 362   | Schmitt     | Marco      | 1973 | SV Königshofen                 | 37:22,3 | M 35       | 7           |
| 54    | 245   | Reising     | Joachim    | 1967 | TSG Kleinostheim               | 37:22,8 | M 45       | 9           |
| 55    | 10    | Krzywik     | Raimund    | 1964 | LF Naheland Bad Kreuznach      | 37:27,4 | M 45       | 10          |
| 56    | 36    | Zimmer      | Frank      | 1967 | Skills 04 Frankfurt            | 37:30,2 | M 45       | 11          |
| 57    | 370   | Scherer     | Manfred    | 1968 | TSG Kleinostheim               | 37:37,5 | M 40       | 9           |
| 58    | 102   | Wittoesch   | Daniel     | 1981 | TC Kray 1892 e.V.              | 37:53,6 | M 30       | 4           |
| 59    | 174   | Abele       | Lukas      | 1997 | SSC Hanau-Rodenbach            | 37:58,6 | mSchA / 15 | 2           |
| 60    | 365   | Prinz       | Volkmar    | 1959 | VL                             | 38:04,2 | M 50       | 10          |

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| Platz | St.Nr | Name          | Vorname   | JG   | Verein                      | Zeit    | AK         | Platz<br>AK |
|-------|-------|---------------|-----------|------|-----------------------------|---------|------------|-------------|
| 61    | 136   | Lessmann      | Roman     | 1957 | TuS Weilnau                 | 38:06,5 | M 55       | 1           |
| 62    | 376   | Jacobs        | Frank     | 1977 | Feuerwehr Aschaffenburg     | 38:17,6 | M 35       | 8           |
| 63    | 41    | Westerfeld    | Reinhard  | 1966 | VL                          | 38:21,9 | M 45       | 12          |
| 64    | 201   | Suhl          | Jörg      | 1968 | BSV-Hanau                   | 38:28,9 | M 40       | 10          |
| 65    | 348   | Jamin         | Peter     | 1965 | SSC Hanau-Rodenbach         | 38:30,7 | M 45       | 13          |
| 66    | 204   | Metzler       | Jürgen    | 1976 | TV Bad Orb                  | 38:32,1 | M 35       | 9           |
| 67    | 192   | Neuser        | Fred      | 1967 | LT Freigericht              | 38:34,3 | M 45       | 14          |
| 68    | 284   | Raab          | Jochen    | 1972 | LuT Aschaffenburg           | 38:34,6 | M 40       | 11          |
| 69    | 328   | Bachmann      | Andreas   | 1992 | Running Gag                 | 38:35,9 | M 20       | 12          |
| 70    | 57    | Spitzer       | Ingo      | 1967 | TCEC-Mainz                  | 38:37,4 | M 45       | 15          |
| 71    | 76    | Giebl         | Sarah     | 1990 | LG Neu-Isenburg/Heusenstamm | 38:38,6 | W 20       | 2           |
| 72    | 219   | Hanf          | Frank     | 1969 | TSG Wehrheim                | 38:41,4 | M 40       | 12          |
| 73    | 331   | Stenger       | Mario     | 1966 | TSG Kleinostheim            | 38:43,5 | M 45       | 16          |
| 74    | 183   | Wolf          | Tobias    | 1989 | VL                          | 38:44,3 | M 20       | 13          |
| 75    | 16    | Löwe          | Andreas   | 1968 | LG BSN                      | 38:48,8 | M 40       | 13          |
| 76    | 182   | Rajeentan     | Anusan    | 1995 | SSC Hanau-Rodenbach         | 39:00,4 | mJgdB / 17 | 2           |
| 77    | 108   | Mörschel      | Eric      | 1972 | VL                          | 39:02,9 | M 40       | 14          |
| 78    | 171   | Trunk         | Peter     | 1967 | SSC Hanau-Rodenbach         | 39:04,3 | M 45       | 17          |
| 79    | 337   | Morena Hida   | David     | 1995 | TUS Weilmünster             | 39:04,9 | mJgdB / 17 | 3           |
| 80    | 59    | Fleischer,    | Thomas    | 1968 | VL                          | 39:06,4 | M 40       | 15          |
| 81    | 308   | Röll          | Torsten   | 1970 | MRW Frankfurt               | 39:08,8 | M 40       | 16          |
| 82    | 175   | Abele         | Michael   | 1961 | SSC Hanau-Rodenbach         | 39:14,0 | M 50       | 11          |
| 83    | 286   | Trippel       | Roland    | 1967 | TV Hergershausen            | 39:14,7 | M 45       | 18          |
| 84    | 58    | Jache         | Jörn      | 1982 | VL                          | 39:15,9 | M 30       | 5           |
| 85    | 240   | Wösthoff      | Philipp   | 1983 | TriTeam werner-kern.de      | 39:16,6 | M 20       | 14          |
| 86    | 336   | Meissgeier    | Jan       | 1971 | TuS Weilnau                 | 39:21,0 | M 40       | 17          |
| 87    | 369   | Gärtner-Brü   | Jürgen    | 1964 | TG Hanau                    | 39:26,0 | M 45       | 19          |
| 88    | 111   | Hellmuth      | Jens      | 1970 | ADAC Triathlon Main-Kinzig  | 39:32,3 | M 40       | 18          |
| 89    | 366   | Adrian        | Jens      | 1994 | TG Stockstadt               | 39:36,6 | mJgdA      | 1           |
| 90    | 375   | Hille         | Claudia   | 1965 | SSC Hanau-Rodenbach         | 39:37,5 | W 45       | 1           |
| 91    | 8     | Paul          | Thomas    | 1965 | TV Waldstraße Wiesbaden     | 39:41,1 | M 45       | 20          |
| 92    | 80    | Proföhr       | Christian | 1964 | Hamburger SV                | 39:45,7 | M 45       | 21          |
| 93    | 209   | Hartmann      | Lars      | 1977 | SC Oberlahn                 | 40:00,9 | M 35       | 10          |
| 94    | 378   | Franz         | Jürgen    | 1966 | TSG Kleinostheim            | 40:03,3 | M 45       | 22          |
| 95    | 33    | Pfeiffer      | Pierre    | 1967 | LG BSN                      | 40:04,4 | M 45       | 23          |
| 96    | 211   | Kohl          | Marcus    | 1979 | LG BSN                      | 40:06,3 | M 30       | 6           |
| 97    | 210   | Wagner        | Klaus     | 1942 | LG BSN                      | 40:13,4 | M 70       | 1           |
| 98    | 291   | Vabic         | Nina      | 1983 | Laufwerk Gelnhausen         | 40:18,5 | W 20       | 3           |
| 99    | 289   | Lach          | Christian | 1979 | VL                          | 40:19,1 | M 30       | 7           |
| 100   | 143   | Rapp          | Jonas     | 2000 | SSC Hanau-Rodenbach         | 40:22,1 | mSchB / 12 | 1           |
| 101   | 61    | Eppig         | Karlheinz | 1968 | TV Großwallstadt            | 40:29,6 | M 40       | 19          |
| 102   | 300   | Schöppner     | Michael   | 1961 | TSG Kleinostheim            | 40:39,7 | M 50       | 12          |
| 103   | 276   | Ducret        | Serge     | 1963 | TV Strinz-Margarethä        | 40:43,8 | M 45       | 24          |
| 104   | 277   | Enders        | Conny     | 1966 | TV Strinz-Margarethä        | 40:51,5 | W 45       | 2           |
| 105   | 252   | Baltruschat   | Gabi      | 1967 | LG Bad Soden/Neuenhain      | 40:59,3 | W 45       | 3           |
| 106   | 24    | Pohl          | Stefan    | 1964 | Spiridon Frankfurt          | 41:15,2 | M 45       | 25          |
| 107   | 278   | Schmidt       | Thomas    | 1965 | TV Strinz-Margarethä        | 41:23,2 | M 45       | 26          |
| 108   | 158   | Wirtz         | Nikolaus  | 1988 | BSV-Hanau                   | 41:26,5 | M 20       | 15          |
| 109   | 105   | Ohlwein       | Martin    | 1968 | Spiridon Frankfurt          | 41:28,7 | M 40       | 20          |
| 110   | 359   | Jakobi        | Harald    | 1962 | Spiridon Frankfurt          | 41:34,9 | M 50       | 13          |
| 111   | 34    | Friebe        | Dirk      | 1965 | TSV 03 Niederissigheim      | 41:39,0 | M 45       | 27          |
| 112   | 137   | Hanisch       | Thorsten  | 1973 | VL                          | 41:44,7 | M 35       | 11          |
| 113   | 93    | Claxton       | Ian       | 1970 | Team Erdinger Alkoholfrei   | 41:55,8 | M 40       | 21          |
| 114   | 194   | Lutz          | Michael   | 1972 | LG Sport Frei Aschaffenburg | 41:57,0 | M 40       | 22          |
| 115   | 352   | Kemkemer      | Gerhard   | 1967 | FC Boxbrunn                 | 41:59,6 | M 45       | 28          |
| 116   | 326   | Fiebig-Keller | Claudia   | 1964 | TV Hergershausen            | 42:01,8 | W 45       | 4           |
| 117   | 304   | Hill          | Frank     | 1960 | NOWALALA Sports Offenbach   | 42:05,1 | M 50       | 14          |
| 118   | 56    | Steffek       | Ute       | 1971 | Laufziel Aschaffenburg      | 42:10,7 | W 40       | 1           |
| 119   | 144   | Abele         | Marius    | 2000 | SSC Hanau-Rodenbach         | 42:15,1 | mSchB / 12 | 2           |
| 120   | 349   | Rusmann       | Oliver    | 1967 | RG Wetzlar                  | 42:17,2 | M 45       | 29          |

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| Platz | St.Nr | Name         | Vorname    | JG   | Verein                       | Zeit    | AK         | Platz<br>AK |
|-------|-------|--------------|------------|------|------------------------------|---------|------------|-------------|
| 121   | 11    | Marquardt    | Renje      | 1973 | Bruckköbel Triathlon         | 42:29,8 | M 35       | 12          |
| 122   | 236   | Gomez-Ruh    | Marisa     | 1958 | SC Steinberg                 | 42:30,5 | W 50       | 1           |
| 123   | 63    | Dreikorn     | Joerg      | 1968 | BSV-Hanau                    | 42:34,2 | M 40       | 23          |
| 124   | 217   | Zeller       | Joachim    | 1961 | Laufteam Gelnhausen          | 42:34,9 | M 50       | 15          |
| 125   | 146   | Hild         | Julius     | 1999 | SSC Hanau-Rodenbach          | 42:35,8 | mSchB / 13 | 1           |
| 126   | 309   | Meyer        | Mark       | 1968 | BELC 89 Frankfurt            | 42:52,1 | M 40       | 24          |
| 127   | 333   | Wenzel       | Andreas    | 1995 | Feuerwehr Wenigumstadt       | 42:52,9 | mJgdB / 17 | 4           |
| 128   | 270   | Hartmann     | Clemens    | 1964 | LC Olympia Wiesbaden         | 42:56,6 | M 45       | 30          |
| 129   | 177   | Blobel       | Christian  | 1983 | SSC Hanau-Rodenbach          | 43:01,5 | M 20       | 16          |
| 130   | 225   | Roth         | Andreas    | 1997 | TSG Kleinostheim             | 43:02,1 | mSchA / 15 | 3           |
| 131   | 273   | Holz auf der | Ronny      | 1979 | Eintracht Frankfurt          | 43:05,3 | M 30       | 8           |
| 132   | 255   | Reitwiesner  | Ewald      | 1946 | TV Bad Brückenau             | 43:13,5 | M 65       | 1           |
| 133   | 361   | Frankendorf  | Stefan     | 1975 | SV Elbland                   | 43:15,0 | M 35       | 13          |
| 134   | 368   | Walter       | Rudolf     | 1956 | TSV 1875 Bonames             | 43:16,3 | M 55       | 2           |
| 135   | 86    | Krenz        | Michael    | 1959 | SV Königshofen               | 43:18,3 | M 50       | 16          |
| 136   | 338   | Kurzweil     | Robin      | 1994 | TUS Eschbach                 | 43:27,0 | mJgdA      | 2           |
| 137   | 128   | Schaffeld    | Hans-Joach | 1948 | BSV-Hanau                    | 43:28,0 | M 60       | 1           |
| 138   | 159   | Kohr         | Adi        | 1970 | Team Spessartchallenge       | 43:29,4 | M 40       | 25          |
| 139   | 112   | Gehring      | Karlheinz  | 1959 | Lauffreunde Naheland         | 43:30,0 | M 50       | 17          |
| 140   | 214   | Ullmann      | Daniel     | 1962 | Viktoria 06 Neuenhaßlau      | 43:32,0 | M 50       | 18          |
| 141   | 264   | Lennartz     | Kay        | 1972 | Sport Hübner Laufteam        | 43:39,9 | M 40       | 26          |
| 142   | 147   | Köppel       | Patreck    | 1998 | SSC Hanau-Rodenbach          | 43:40,3 | mSchA / 14 | 2           |
| 143   | 7     | Müller       | Brigitta   | 1969 | LG Eppstein-Hornau           | 43:42,2 | W 40       | 2           |
| 144   | 249   | Müssig       | Thomas     | 1981 | Verdi Aschaffenburg          | 43:43,9 | M 30       | 9           |
| 145   | 100   | Heusinger    | Patrick    | 1979 | TriTeam SSKC Aschaffenburg   | 43:45,3 | M 30       | 10          |
| 146   | 118   | Puglisi      | Nunzio     | 1960 | LG Eintracht Frankfurt       | 43:46,6 | M 50       | 19          |
| 147   | 294   | Tauchmann    | STEFAN     | 1970 | VL                           | 43:47,5 | M 40       | 27          |
| 148   | 107   | Zimmerman    | Peter      | 1950 | LF Naheland Bad Kreuznach    | 43:48,7 | M 60       | 2           |
| 149   | 106   | Hanak        | Zdravko    | 1955 | TV Glattbach                 | 43:50,3 | M 55       | 3           |
| 150   | 193   | Ochs         | Reiner     | 1966 | Skills 04 Frankfurt          | 43:51,2 | M 45       | 31          |
| 151   | 317   | Fleckenstein | Thomas     | 1963 | TSG Kleinostheim             | 43:52,9 | M 45       | 32          |
| 152   | 235   | Löffler      | Günter     | 1957 | LAZ Obernburg-Miltenberg     | 43:53,8 | M 55       | 4           |
| 153   | 230   | Martin       | Mathias    | 1965 | Laufteam Gelnhausen          | 44:01,7 | M 45       | 33          |
| 154   | 274   | Wohlmann     | Ralf       | 1966 | Fega und Schmitt Runningteam | 44:02,3 | M 45       | 34          |
| 155   | 315   | Reus         | Anton      | 1951 | LT Freigericht               | 44:05,1 | M 60       | 3           |
| 156   | 156   | Elsbett      | Bernd      | 1960 | BSV-Hanau                    | 44:19,2 | M 50       | 20          |
| 157   | 75    | Deckert      | Anke       | 1970 | LuT Aschaffenburg            | 44:20,2 | W 40       | 3           |
| 158   | 310   | Kraft        | Ramona     | 1974 | LT Freigericht               | 44:26,5 | W 35       | 1           |
| 159   | 393   | Beer         | Alfons     | 1964 | VL                           | 44:33,9 | M 45       | 35          |
| 160   | 298   | Loutschni    | Rainer     | 1966 | LT Freigericht               | 44:45,2 | M 45       | 36          |
| 161   | 164   | Gilmer       | Michael    | 1966 | LT Freigericht               | 44:45,9 | M 45       | 37          |
| 162   | 391   | Nashington   | Joshua     | 1963 | VL                           | 44:47,4 | M 45       | 38          |
| 163   | 139   | Löffler      | Uwe        | 1968 | VL                           | 44:51,3 | M 40       | 28          |
| 164   | 3     | Klein        | Marcus     | 1970 | Spiridon Frankfurt           | 44:52,4 | M 40       | 29          |
| 165   | 196   | Hamburger    | Maximilian | 2002 | SSC Hanau-Rodenbach          | 44:55,6 | mSchC / 10 | 1           |
| 166   | 285   | Naumann      | Thomas     | 1970 | BSV-Hanau                    | 45:00,0 | M 40       | 30          |
| 167   | 208   | Urban        | Joachim    | 1960 | VL                           | 45:01,2 | M 50       | 21          |
| 168   | 67    | Marquardt    | Matthias   | 1966 | BSV-Hanau                    | 45:02,7 | M 45       | 39          |
| 169   | 307   | Hill         | Sabine     | 1965 | NOWALALA Sports Offenbach    | 45:04,5 | W 45       | 5           |
| 170   | 371   | Weissinger   | Jürgen     | 1962 | TSV 1875 Bonames             | 45:13,6 | M 50       | 22          |
| 171   | 263   | Winkler      | Claudia    | 1963 | Sport Hübner Laufteam        | 45:15,9 | W 45       | 6           |
| 172   | 185   | Kempf        | Klaus      | 1968 | SC Steinberg                 | 45:17,2 | M 40       | 31          |
| 173   | 54    | Laws         | John       | 1939 | TSG Fechenheim               | 45:18,0 | M 70       | 2           |
| 174   | 329   | Wenzel       | Klaus      | 1960 | Feuerwehr Aschaffenburg      | 45:23,4 | M 50       | 23          |
| 175   | 272   | Goerlich     | Kai        | 1982 | VL                           | 45:32,5 | M 30       | 11          |
| 176   | 123   | Hümpfner     | Peter      | 1945 | BSV-Hanau                    | 45:33,2 | M 65       | 2           |
| 177   | 373   | Bauer        | Michael    | 1971 | Lauftreff Hanau/Bruckköbel   | 45:36,2 | M 40       | 32          |
| 178   | 251   | Lamarmora    | Claudio    | 1970 | VL                           | 45:39,2 | M 40       | 33          |
| 179   | 316   | Fleckenstein | Daniel     | 1996 | TSG Kleinostheim             | 45:40,0 | mJgdB / 16 | 3           |
| 180   | 66    | Mänz         | Peter      | 1960 | BSV-Hanau                    | 45:41,8 | M 50       | 24          |

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|-------|-------|--------------|-----------|------|-------------------------------|---------|------------|-------------|
| 181   | 49    | Beckmann     | Beckus    | 1961 | Spiridon Frankfurt            | 45:43,6 | M 50       | 25          |
| 182   | 40    | Zeeck        | Jennifer  | 1971 | Spiridon Frankfurt            | 45:44,4 | W 40       | 4           |
| 183   | 148   | Gassem       | Mahmoud   | 2001 | SSC Hanau-Rodenbach           | 45:46,9 | mSchC / 11 | 1           |
| 184   | 385   | Pannek       | Klaus     | 1943 | BSV-Hanau                     | 45:50,9 | M 65       | 3           |
| 185   | 202   | Recht        | Frank     | 1967 | Telekom                       | 45:53,4 | M 45       | 40          |
| 186   | 109   | Roth         | Walter    | 1948 | TuS Aschaffenburg-Damm        | 45:56,3 | M 60       | 4           |
| 187   | 321   | Bender       | Kai       | 1981 | Eintracht Frankfurt           | 45:56,9 | M 30       | 12          |
| 188   | 152   | Celikkol     | Selma     | 2000 | SSC Hanau-Rodenbach           | 46:04,2 | wSchB / 12 | 1           |
| 189   | 39    | Loos,        | Reinhold  | 1946 | Spiridon Frankfurt            | 46:05,9 | M 65       | 4           |
| 190   | 347   | Jamin        | Sabine    | 1967 | SSC Hanau-Rodenbach           | 46:13,3 | W 45       | 7           |
| 191   | 124   | Kilgenstein  | Dieter    | 1959 | BSV-Hanau                     | 46:13,8 | M 50       | 26          |
| 192   | 288   | Brabsche     | Tim       | 1986 | VL                            | 46:20,1 | M 20       | 17          |
| 193   | 42    | Doege        | Heike     | 1970 | SAF Holland Aktiv Team        | 46:21,3 | W 40       | 5           |
| 194   | 379   | Koch         | Helmuth   | 1949 | BSV-Hanau                     | 46:25,9 | M 60       | 5           |
| 195   | 200   | Weißmann     | Ruth-Anna | 1981 | LF Naheland Bad Kreuznach     | 46:27,7 | W 30       | 2           |
| 196   | 320   | Bender       | Lena      | 1984 | Eintracht Frankfurt           | 46:44,3 | W 20       | 4           |
| 197   | 364   | Faust        | Alfred    | 1959 | 1. FC Kaiserslautern          | 46:46,7 | M 50       | 27          |
| 198   | 47    | Mainka       | Phyllis   | 1995 | Tv Wahlheim                   | 46:49,8 | wJgdB / 17 | 1           |
| 199   | 99    | Jänisch      | Nicole    | 1970 | Spiridon Frankfurt            | 46:50,5 | W 40       | 6           |
| 200   | 132   | Wacker       | Gerhard   | 1950 | BSV-Hanau                     | 46:55,7 | M 60       | 6           |
| 201   | 293   | Kössler      | Carolin   | 1990 | SSC Hanau-Rodenbach           | 46:56,9 | W 20       | 5           |
| 202   | 287   | Trepa        | Christian | 1981 | VL                            | 47:05,8 | M 30       | 13          |
| 203   | 262   | Ritschel     | Anja      | 1946 | TV Waldstraße Wiesbaden       | 47:10,4 | W 65       | 1           |
| 204   | 89    | Hernmarck-   | Andreas   | 1962 | TV Echzell                    | 47:19,5 | M 50       | 28          |
| 205   | 129   | Schaffeld    | Stefanie  | 1960 | BSV-Hanau                     | 47:22,1 | W 50       | 2           |
| 206   | 96    | Schmidt      | Erwin     | 1952 | LAZ Obernburg-Miltenberg      | 47:24,2 | M 60       | 7           |
| 207   | 384   | Becker       | Lena      | 1999 | TGV Schotten                  | 47:25,0 | wSchB / 13 | 1           |
| 208   | 358   | Wolnitzu     | Peter     | 1958 | Tria Team Bruchköbel          | 47:27,6 | M 50       | 29          |
| 209   | 151   | Schick       | Angela    | 2000 | SSC Hanau-Rodenbach           | 47:29,4 | wSchB / 12 | 2           |
| 210   | 213   | Fischer      | Jürgen    | 1977 | FSV Michelbach                | 47:32,4 | M 35       | 14          |
| 211   | 389   | Hübner       | Anette    | 1965 | LLT Wallernhausen             | 47:34,8 | W 45       | 8           |
| 212   | 353   | Gündling     | Norbert   | 1940 | TV Goldbach                   | 47:36,5 | M 70       | 3           |
| 213   | 88    | Tschiltschke | Frauke    | 1957 | SSC Hanau-Rodenbach           | 47:40,9 | W 55       | 1           |
| 214   | 43    | Richter      | Gerd      | 1954 | Fechenheimer LT 2000          | 47:44,1 | M 55       | 5           |
| 215   | 314   | Michel       | Frank     | 1972 | VL                            | 47:44,8 | M 40       | 34          |
| 216   | 390   | Hämmelmar    | Klaus     | 1966 | MSC Winkelmesser              | 47:46,1 | M 45       | 41          |
| 217   | 138   | Slametschka  | Andreas   | 1983 | VL                            | 47:48,8 | M 20       | 18          |
| 218   | 345   | Blum         | Michael   | 1956 | LG EVO Seligenstadt           | 47:50,4 | M 55       | 6           |
| 219   | 350   | Feiler       | Thomas    | 1964 | Laufprojekt Gelnhausen        | 47:51,3 | M 45       | 42          |
| 220   | 354   | Teichmann    | Markus    | 1978 | VL                            | 47:53,9 | M 30       | 14          |
| 221   | 226   | Steenbakke   | Jan       | 1942 | LF Naheland Bad Kreuznach     | 47:57,8 | M 70       | 4           |
| 222   | 394   | Triebe-Schm  | Ellen     | 1958 | LT Freigericht                | 48:00,9 | W 50       | 3           |
| 223   | 388   | Jensen       | Wolfgang  | 1953 | VL                            | 48:08,4 | M 55       | 7           |
| 224   | 155   | Hayes        | Michael   | 1947 | LT Freigericht                | 48:12,5 | M 65       | 5           |
| 225   | 248   | Diester      | Thomas    | 1962 | SSC Hanau-Rodenbach           | 48:14,2 | M 50       | 30          |
| 226   | 51    | Winter       | Carsten   | 1983 | Die Fisimatenten              | 48:25,7 | M 20       | 19          |
| 227   | 271   | Can          | Ayhan     | 1969 | Interkultureller Pflegedienst | 48:28,3 | M 40       | 35          |
| 228   | 269   | Kotschwara   | Anjelina  | 1974 | VL                            | 48:31,5 | W 35       | 2           |
| 229   | 23    | Chwalisz     | Ulla      | 1959 | Spiridon Frankfurt            | 48:33,5 | W 50       | 4           |
| 230   | 126   | Liebe        | Malte     | 1977 | BSV-Hanau                     | 48:34,4 | M 35       | 15          |
| 231   | 19    | Kampf        | Uwe       | 1963 | TV Laudenbach                 | 48:35,5 | M 45       | 43          |
| 232   | 330   | Stenger      | Katja     | 1966 | TSG Kleinostheim              | 48:42,8 | W 45       | 9           |
| 233   | 306   | Koch         | Harald    | 1969 | RLT Rodgau                    | 48:43,3 | M 40       | 36          |
| 234   | 383   | Pietzsch     | Benjamin  | 1993 | VLG Niedersteinbach           | 48:44,1 | mJgdA      | 3           |
| 235   | 334   | Zevering     | Maurits   | 1995 | Feuerwehr Wenigumstadt        | 48:44,9 | mJgdB / 17 | 5           |
| 236   | 223   | Schweizer    | Sonja     | 1965 | TSG Kleinostheim              | 48:45,8 | W 45       | 10          |
| 237   | 52    | Becker       | Jörg      | 1961 | Die Fisimatenten              | 48:50,1 | M 50       | 31          |
| 238   | 342   | Prinz        | Dirk      | 1980 | SV Dreieichenhain             | 48:55,1 | M 30       | 15          |
| 239   | 259   | Giegerich    | Sven      | 1996 | TSV Olympia Eisenbach         | 49:02,2 | mJgdB / 16 | 4           |
| 240   | 45    | Wernig       | Hagen     | 1966 | TC Hasselroth                 | 49:02,9 | M 45       | 44          |

## 19. Schneller Zehner in Niederrodenbach am 25.03.2012

| Platz | St.Nr | Name          | Vorname   | JG   | Verein                             | Zeit    | AK         | Platz<br>AK |
|-------|-------|---------------|-----------|------|------------------------------------|---------|------------|-------------|
| 241   | 323   | Grünewald     | Theo      | 1966 | LT Freigericht                     | 49:07,0 | M 45       | 45          |
| 242   | 134   | Wienand       | Burkhard  | 1963 | BSG AREVA/Siemens                  | 49:14,2 | M 45       | 46          |
| 243   | 20    | Zamperoni     | Dörte     | 1965 | Die Prüflinge                      | 49:16,4 | W 45       | 11          |
| 244   | 21    | Zamperoni     | Andreas   | 1965 | Die Prüflinge                      | 49:17,5 | M 45       | 47          |
| 245   | 244   | Leutner       | Andreas   | 1962 | LT Freigericht                     | 49:18,8 | M 50       | 32          |
| 246   | 187   | Abshagen      | Traudl    | 1962 | LG Stadt Hattersheim               | 49:30,0 | W 50       | 5           |
| 247   | 382   | Meder         | Walter    | 1959 | VLG Niedersteinbach                | 49:36,9 | M 50       | 33          |
| 248   | 377   | Schilling     | Achim     | 1962 | BSV-Hanau                          | 49:42,1 | M 50       | 34          |
| 249   | 12    | Elbers        | Armin     | 1961 | VL                                 | 49:42,9 | M 50       | 35          |
| 250   | 62    | Dietrich      | Burkhard  | 1964 | BSV-Hanau                          | 49:46,0 | M 45       | 48          |
| 251   | 290   | Richter       | Susanne   | 1977 | Laufteam Gelnhausen                | 49:56,9 | W 35       | 3           |
| 252   | 233   | Erdogan       | Mustafa   | 1942 | Lauftreff Hanau/Bruchköbel         | 50:06,2 | M 70       | 5           |
| 253   | 71    | Schilling     | Thomas    | 1962 | BSV-Hanau                          | 50:08,8 | M 50       | 36          |
| 254   | 232   | Bechhaus      | David     | 2001 | LAC - Rodenbach                    | 50:30,2 | mSchC / 11 | 2           |
| 255   | 335   | Wildmann      | Axel      | 1943 | LG Bad Soden/Neuenhain             | 50:30,9 | M 65       | 6           |
| 256   | 179   | Abele-Bertsch | Hilke     | 1964 | SSC Hanau-Rodenbach                | 50:37,8 | W 45       | 12          |
| 257   | 53    | Bruder        | Fritz     | 1954 | Freiwillige Feuerwehr Seligenstadt | 50:38,8 | M 55       | 8           |
| 258   | 227   | Stenger       | Karin     | 1955 | LF Rothengrund                     | 50:56,7 | W 55       | 2           |
| 259   | 332   | Wenzel        | Christina | 1989 | TV Wenigumstadt                    | 51:01,9 | W 20       | 6           |
| 260   | 104   | Steegmüller   | Rupert    | 1952 | BSV-Hanau                          | 51:10,5 | M 60       | 8           |
| 261   | 302   | Zier          | Alexander | 1969 | LT Freigericht                     | 51:11,2 | M 40       | 37          |
| 262   | 237   | Becker        | Beate     | 1970 | Lauftreff Hanau/Bruchköbel         | 51:16,3 | W 40       | 7           |
| 263   | 257   | Schuster      | Gerhard   | 1953 | VL                                 | 51:17,1 | M 55       | 9           |
| 264   | 367   | Arman         | Hayal     | 1962 | LG EVO Seligenstadt                | 51:21,1 | W 50       | 6           |
| 265   | 265   | Jochum        | Peter     | 1955 | Spiridon Frankfurt                 | 51:25,9 | M 55       | 10          |
| 266   | 150   | Conseur       | Katharina | 2001 | SSC Hanau-Rodenbach                | 51:34,5 | wSchC / 11 | 1           |
| 267   | 392   | Wissel        | Peter     | 1956 | LF Rothengrund                     | 51:36,5 | M 55       | 11          |
| 268   | 97    | Kellmann      | Uta       | 1962 | TV Goldbach                        | 51:40,9 | W 50       | 7           |
| 269   | 98    | Kellmann      | Werner    | 1961 | TV Goldbach                        | 51:41,6 | M 50       | 37          |
| 270   | 190   | Dienst        | Dietmar   | 1964 | LG Stadt Hattersheim               | 51:42,7 | M 45       | 49          |
| 271   | 357   | Demuth        | Ursula    | 1969 | LT Freigericht                     | 51:47,6 | W 40       | 8           |
| 272   | 85    | Zuppieri      | Gaetano   | 1954 | Esteri Napoli                      | 51:51,2 | M 55       | 12          |
| 273   | 339   | Weiss         | Marek     | 1955 | VL                                 | 51:55,6 | M 55       | 13          |
| 274   | 153   | Röhricht      | Sandra    | 2000 | SSC Hanau-Rodenbach                | 51:59,5 | wSchB / 12 | 3           |
| 275   | 319   | Kress         | Bodo      | 1963 | TG Hanau                           | 52:04,9 | M 45       | 50          |
| 276   | 297   | Gebel         | Dorothee  | 1960 | VL                                 | 52:11,1 | W 50       | 8           |
| 277   | 91    | Keim          | Michael   | 1969 | TGS Niederrodenbach                | 52:21,7 | M 40       | 38          |
| 278   | 372   | Straube       | Inka      | 1971 | VL                                 | 52:44,6 | W 40       | 9           |
| 279   | 127   | Rosenbaum     | Peter     | 1951 | BSV-Hanau                          | 53:15,6 | M 60       | 9           |
| 280   | 64    | Fuchs         | Sascha    | 1964 | BSV-Hanau                          | 53:17,6 | M 45       | 51          |
| 281   | 189   | Gulla         | Herbert   | 1937 | LG Stadt Hattersheim               | 53:48,5 | M 75       | 1           |
| 282   | 327   | Dornhecker    | Michael   | 1968 | VL                                 | 54:01,8 | M 40       | 39          |
| 283   | 325   | Sauerwein     | Pia       | 1973 | VL                                 | 54:09,7 | W 35       | 4           |
| 284   | 241   | Wösthoff      | Meinraad  | 1958 | TriTeam werner-kern.de             | 54:19,7 | M 50       | 38          |
| 285   | 346   | Lindenthaler  | Nathalie  | 1973 | LG Erlensee 09                     | 54:33,8 | W 35       | 5           |
| 286   | 60    | Kaltofen      | Torsten   | 1968 | VL                                 | 54:49,2 | M 40       | 40          |
| 287   | 65    | Huth          | Isabell   | 1987 | BSV-Hanau                          | 54:51,6 | W 20       | 7           |
| 288   | 322   | Herdeg        | Daniel    | 1982 | VL                                 | 54:52,3 | M 30       | 16          |
| 289   | 311   | Kopf          | Otto      | 1952 | Offenbacher LC                     | 55:03,7 | M 60       | 10          |
| 290   | 70    | Rodewald      | Werner    | 1942 | BSV-Hanau                          | 55:07,0 | M 70       | 6           |
| 291   | 119   | Galkowski     | Lukasz    | 1983 | VL                                 | 55:09,3 | M 20       | 20          |
| 292   | 250   | Schmitt       | Markus    | 1972 | VL                                 | 55:16,3 | M 40       | 41          |
| 293   | 92    | Sohl          | Christian | 1979 | VL                                 | 55:20,7 | M 30       | 17          |
| 294   | 15    | Jud           | Cathi     | 1972 | LG BSN                             | 55:37,3 | W 40       | 10          |
| 295   | 95    | Schwarting    | Bernd     | 1955 | Team Erdinger Alkoholfrei          | 55:40,5 | M 55       | 14          |
| 296   | 68    | Mohn          | Judith    | 1971 | BSV-Hanau                          | 55:51,6 | W 40       | 11          |
| 297   | 162   | Sinsch        | Berthold  | 1945 | LT Freigericht                     | 56:03,3 | M 65       | 7           |
| 298   | 381   | Papachrissa   | Bernd     | 1981 | VLG Niedersteinbach                | 56:09,9 | M 30       | 18          |
| 299   | 305   | Müller        | Susanne   | 1969 | TV Groß-Zimmern                    | 56:16,8 | W 40       | 12          |
| 300   | 133   | Wenk          | Ferdinand | 1950 | BSG AREVA/Siemens                  | 56:18,8 | M 60       | 11          |

## 19. Schneller Zehner in Niederrodenbach am 25.03.2012

| Platz | St.Nr | Name         | Vorname    | JG   | Verein                    | Zeit      | AK         | Platz<br>AK |
|-------|-------|--------------|------------|------|---------------------------|-----------|------------|-------------|
| 301   | 386   | Siegl        | Henning    | 1946 | BSV-Hanau                 | 56:23,6   | M 65       | 8           |
| 302   | 131   | Schneider    | Wilfried   | 1943 | BSV-Hanau                 | 56:27,2   | M 65       | 9           |
| 303   | 275   | Weber        | Martina    | 1978 | VL                        | 56:32,5   | W 30       | 3           |
| 304   | 160   | Peldszus     | Sigrid     | 1963 | LT Freigericht            | 56:34,9   | W 45       | 13          |
| 305   | 253   | Neumann      | Anke       | 1974 | TGS Niederrodenbach       | 56:37,4   | W 35       | 6           |
| 306   | 73    | Tybussek     | Lisa       | 1989 | BSV-Hanau                 | 56:44,9   | W 20       | 8           |
| 307   | 117   | Girke        | Walther    | 1942 | BSV-Hanau                 | 57:03,2   | M 70       | 7           |
| 308   | 165   | Jeter        | Fred       | 1964 | VL                        | 57:10,9   | M 45       | 52          |
| 309   | 197   | Straube      | Hannah     | 1999 | SSC Hanau-Rodenbach       | 57:11,6   | wSchB / 13 | 2           |
| 310   | 374   | Langmaack    | Heinz      | 1938 | Nowalala Sports Offenbach | 57:27,5   | M 70       | 8           |
| 311   | 69    | Oestreich    | Bernd      | 1959 | BSV-Hanau                 | 58:21,9   | M 50       | 39          |
| 312   | 387   | Zimmerman    | Regina     | 1942 | BSV-Hanau                 | 58:40,3   | W 70       | 1           |
| 313   | 266   | Hirschmann   | Anja       | 1966 | VL                        | 58:47,7   | W 45       | 14          |
| 314   | 25    | Cerbe        | Ursula     | 1951 | LT Freigericht            | 59:01,0   | W 60       | 1           |
| 315   | 203   | Krutikov     | Denis      | 1974 | VL                        | 59:04,8   | M 35       | 16          |
| 316   | 229   | Myers-Mand   | Sylvia     | 1951 | VL                        | 59:26,1   | W 60       | 2           |
| 317   | 238   | Erdenberger  | Wolfgang   | 1945 | LT Großkrotzenburg        | 59:45,2   | M 65       | 10          |
| 318   | 207   | Judas        | Rainer     | 1971 | Textildruck Hanau         | 59:49,0   | M 40       | 42          |
| 319   | 206   | Judas        | Roland     | 1969 | VL                        | 59:52,0   | M 40       | 43          |
| 320   | 292   | STOFFNER     | Günter     | 1959 | VL                        | 1:00:02,5 | M 50       | 40          |
| 321   | 78    | Becker       | Garnet     | 1968 | SSC Hanau-Rodenbach       | 1:00:13,7 | M 40       | 44          |
| 322   | 79    | Frölich      | Doris      | 1966 | SSC Hanau-Rodenbach       | 1:00:14,4 | W 45       | 15          |
| 323   | 246   | Nashington   | Brandon    | 2002 | VL                        | 1:00:41,7 | mSchC / 10 | 2           |
| 324   | 268   | Corman       | David      | 1955 | VL                        | 1:00:42,5 | M 55       | 15          |
| 325   | 166   | Stelling     | Hartwig    | 1941 | LT Offenbach              | 1:00:55,5 | M 70       | 9           |
| 326   | 149   | Gassem       | Asra       | 1999 | SSC Hanau-Rodenbach       | 1:01:11,5 | wSchB / 13 | 3           |
| 327   | 157   | Helming      | Gerhard    | 1946 | BSV-Hanau                 | 1:01:18,3 | M 65       | 11          |
| 328   | 247   | Schwanz      | Günther    | 1960 | VL                        | 1:01:21,3 | M 50       | 41          |
| 329   | 220   | Schultes     | Otto       | 1935 | BSV-Hanau                 | 1:01:26,3 | M 75       | 2           |
| 330   | 267   | Becker       | Linda      | 1967 | VL                        | 1:01:37,9 | W 45       | 16          |
| 331   | 295   | Hagemann     | Christiane | 1966 | VL                        | 1:02:12,8 | W 45       | 17          |
| 332   | 318   | Hetzel-Kress | Silke      | 1962 | TG Hanau                  | 1:03:16,7 | W 50       | 9           |
| 333   | 301   | Knebel       | Harry      | 1938 | LAZ Obernburg-Miltenberg  | 1:03:20,8 | M 70       | 10          |
| 334   | 351   | Müller       | Tina       | 1961 | FC Boxbrunn               | 1:03:47,3 | W 50       | 10          |
| 335   | 313   | Brugger      | Thomas     | 1959 | VHS Hochtaunus            | 1:04:11,8 | M 50       | 42          |
| 336   | 30    | Trumpfheller | Bernd      | 1953 | VL                        | 1:04:55,0 | M 55       | 16          |
| 337   | 312   | Kopf         | Rita       | 1953 | Offenbacher LC            | 1:05:05,0 | W 55       | 3           |