

Ergebnisse Männer

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	1042	Beckmann, Martin	77		LG Leinfelden - Echterdi	M20	1	1	2:18:28	2:18:30	0:19:38	0:53:37	1:18:51	1:48:35	1:06:43	1:11:48	3:16
2	1008	Pyka, Dennis	72		LG TELIS FINANZ Rege	M20	2	2	2:21:59	2:22:01	0:20:46	0:56:52	1:23:03	1:52:35	1:10:33	1:11:29	3:21
3	1002	Sauter, Tobias	83		TSV Eltingen/Leonberg	M20	3	3	2:22:41	2:22:42	0:20:46	0:56:52	1:23:02	1:52:22	1:10:33	1:12:10	3:22
4	1011	Neuschwander, Florian	81		LG Stadtwerke München	M20	4	4	2:23:04	2:23:06	0:21:18	0:57:31	1:23:47	1:53:20	1:11:25	1:11:41	3:23
5	1012	Groß, Stefan	74		Post-Sport-Telekom Tri	M20	5	5	2:23:40	2:23:43	0:21:24	0:58:08	1:25:03	1:55:12	1:12:16	1:11:28	3:24
6	1013	Haß, Erik	82		SV Vorwärts Zwickau/Zw	M20	6	6	2:25:03	2:25:05	0:21:07	0:58:09	1:25:04	1:55:30	1:12:17	1:12:49	3:26
7	1001	Ratz, Philipp	75		TSV Friedberg-Fauerba	M20	7	7	2:26:43	2:26:45	0:21:05	0:58:08	1:25:04	1:56:06	1:12:17	1:14:28	3:28
8	1015	Rodewald, Peter	83		USV Jena/Porstendorf	M20	8	8	2:27:38	2:27:39	0:21:06	0:58:09	1:25:12	1:56:07	1:12:17	1:15:23	3:29
9	1010	Green, André	73		LG Stadtwerke München	M20	9	9	2:29:16	2:29:19	0:21:24	0:58:08	1:25:04	1:56:35	1:12:16	1:17:03	3:32
10	1019	Theofel, Juergen	58		FV Wallau/Biedenkopf	M50	1	11	2:29:49	2:29:52	0:21:57	0:59:53	1:27:44	1:59:05	1:14:31	1:15:21	3:33
11	1030	Ouahioune, Hakim	63		SF Blau-Gelb Marburg/	M45	1	12	2:29:59	2:30:01	0:21:58	0:59:52	1:27:44	1:59:05	1:14:31	1:15:30	3:33
12	1016	Ludewig, Heiko	73		Spiridon Frankfurt/Oberu	M20	10	13	2:30:20	2:30:23	0:21:58	0:59:53	1:27:43	1:59:05	1:14:31	1:15:52	3:33
13	1091	Heil, Benedikt	82		TSV Friedberg-Fauerba	M20	11	14	2:30:56	2:30:58	0:22:14	1:00:35	1:28:25	2:00:05	1:15:12	1:15:47	3:34
14	1007	Diehl, Marco	69		TSV Friedberg-Fauerba	M20	12	15	2:31:12	2:31:14	0:21:59	0:59:48	1:27:34	1:59:24	1:14:13	1:17:02	3:34
15	1006	Bier, Dietmar	70		Post-Sport-Telekom Tri	M20	13	16	2:31:50	2:31:52	0:21:59	0:59:52	1:27:48	1:59:22	1:14:31	1:17:22	3:35
16	1076	Hansen, Helge	77		Laufteam Wolfhagen/Hat	M20	14	17	2:34:01	2:34:06	0:22:04	0:59:55	1:27:47	1:59:59	1:14:32	1:19:34	3:38
17	1024	Schwab, Marco	73		SF Blau-Gelb Marburg/	M20	15	18	2:34:40	2:34:43	0:21:58	0:59:52	1:27:43	1:59:15	1:14:31	1:20:12	3:39
18	1026	Scherr, Hanspeter	68		TuS Lörrach-Stetten/Rh	M40	1	19	2:35:04	2:35:05	0:22:12	1:01:02	1:29:52	2:02:24	1:16:08	1:18:57	3:40
19	1081	Koch, Dr. Matthias	64		LAV asics Tübingen/Fil	M40	2	20	2:35:12	2:35:15	0:22:19	1:01:02	1:29:53	2:02:25	1:16:08	1:19:07	3:40
20	1089	Single, Patrick	62		ASC Konstanz/Konstan	M45	2	21	2:35:39	2:35:41	0:23:02	1:02:38	1:31:20	2:03:49	1:17:40	1:18:02	3:41
21	1084	Dehaut, Helmut	61		VT Zweibrücken/Wallha	M45	3	22	2:36:06	2:36:09	0:22:13	1:01:08	1:29:58	2:03:10	1:16:07	1:20:02	3:41
22	1018	Feiler, Norman	69		LG Stadtwerke München	M20	16	23	2:36:17	2:36:21	0:21:57	0:59:53	1:27:46	2:00:31	1:14:32	1:21:49	3:42
23	1083	Müller, Norbert	63		SSG Königswinter/Leve	M45	4	24	2:37:42	2:37:47	0:22:58	1:02:29	1:31:24	2:04:47	1:17:43	1:20:05	3:44
24	1087	Kirschey, Thomas	61		BBC Koblenz-Horchhei	M45	5	25	2:37:44	2:37:47	0:22:44	1:02:29	1:31:21	2:03:57	1:17:35	1:20:12	3:44
25	1093	Angene, Karlheinz	58		TSV 1861 Zimndorf/Zir	M50	2	26	2:37:46	2:37:48	0:23:29	1:03:45	1:33:15	2:06:24	1:19:11	1:18:38	3:44
26	1095	Schwabe, Rolf	63		VfB Fallersleben/Wolfs	M40	3	27	2:38:23	2:38:26	0:22:39	1:02:29	1:31:24	2:04:40	1:17:43	1:20:44	3:45
27	1116	Köhler, Jens	68		VfB Fallersleben/Wolfs	M40	4	28	2:38:38	2:38:43	0:22:40	1:02:52	1:32:30	2:06:14	1:18:23	1:20:21	3:45
28	1134	Wolf, Christian	64		LAV asics Tübingen/Tüb	M40	5	29	2:38:52	2:38:56	0:23:28	1:03:44	1:32:57	2:06:13	1:19:03	1:19:54	3:45
29	1200	Nickles, Thomas	69		LT TV Rußhütte Saarbr	M20	17	30	2:39:03	2:39:07	0:23:24	1:03:47	1:32:48	2:06:15	1:18:57	1:20:11	3:46
30	1292	Billig, Rainer	61		TV Roetgen/Roetgen	M45	6	31	2:39:05	2:39:07	0:21:59	0:59:53	1:27:45	2:00:44	1:14:31	1:24:36	3:46
31	1099	Steininger, Oliver	69		SC Roth/Niederviehbac	M20	18	32	2:39:09	2:39:11	0:23:01	1:02:41	1:32:14	2:05:41	1:18:06	1:21:05	3:46
32	1131	Schnieders, Steffen	79		LSF Münster/Münster	M20	19	33	2:39:24	2:39:27	0:23:29	1:03:46	1:33:18	2:07:04	1:19:13	1:20:15	3:46
33	1097	Rottler, Andreas	67		TuS Deuz/Siegen	M40	6	34	2:39:33	2:39:37	0:22:50	1:02:31	1:32:03	2:05:44	1:17:53	1:21:45	3:46
34	1105	Leck, Michael	69		Laufteam Wolfhagen/Zie	M20	20	35	2:39:33	2:39:36	0:22:22	1:02:08	1:31:26	2:04:59	1:17:28	1:22:09	3:46
35	1098	Kraft, Matthias	67		TuS Deuz/Korschenbro	M40	7	36	2:39:56	2:39:59	0:22:48	1:03:29	1:32:20	2:05:40	1:18:31	1:21:29	3:47
36	1168	Tilger, Ron	67		TSV Dresden/Dresden	M40	8	37	2:40:03	2:40:05	0:22:49	1:03:03	1:32:43	2:06:22	1:18:36	1:21:29	3:47
37	1142	Deutsch, Guido	68		VfB Fallersleben/Lehre	M40	9	38	2:40:15	2:40:20	0:22:40	1:02:52	1:32:29	2:06:16	1:18:23	1:21:58	3:47
38	1113	Böckenholt, Thomas	74		ESV Münster/Warendorf	M20	21	39	2:40:37	2:40:42	0:23:28	1:03:45	1:33:17	2:07:04	1:19:12	1:21:30	3:48
39	1170	Bayerl, Georg	60		LLC Marathon Regensb	M45	7	40	2:40:48	2:40:58	0:23:29	1:03:44	1:33:29	2:07:13	1:19:12	1:21:46	3:48
40	1108	Macke, Jürgen	65		LG Hannover/Hannover	M40	10	41	2:41:33	2:41:38	0:24:09	1:05:18	1:34:51	2:08:37	1:20:50	1:20:48	3:49
41	1139	Vetter, Klaus	67		LAV asics Tübingen/Amr	M40	11	42	2:41:40	2:41:44	0:23:30	1:04:24	1:34:34	2:08:25	1:20:17	1:21:28	3:49
42	1138	Mörlein, Hermann	53		MTP Hersbruck/Förren	M55	1	43	2:42:02	2:42:04	0:23:52	1:04:47	1:34:44	2:08:25	1:20:31	1:21:33	3:50
43	1176	Walter, Engelbert	58		SV Mindelzell/Kettersha	M50	3	44	2:42:06	2:42:13	0:23:50	1:05:24	1:35:54	2:09:48	1:21:22	1:20:51	3:50
44	1141	Vogg, Herbert	54		TG Viktoria Augsburg/Wz	M50	4	45	2:42:09	2:42:15	0:23:20	1:04:11	1:34:35	2:08:49	1:20:09	1:22:06	3:50
45	1162	Wahl, Martin	50		WSV 05 Oberhof/Zell	M55	2	46	2:42:12	2:42:15	0:23:20	1:03:52	1:33:54	2:08:21	1:19:28	1:22:48	3:50
46	1121	Boemer, Wolfram	64		TSV Waldenbuch/Wald	M40	12	47	2:42:14	2:42:20	0:22:48	1:03:19	1:33:14	2:07:27	1:19:01	1:23:19	3:50
47	1104	Apfelbaum, Frank	63		SSG Königswinter/Meck	M45	8	48	2:42:35	2:42:39	0:22:59	1:02:56	1:32:56	2:07:52	1:18:41	1:23:59	3:51
48	1110	von Lovenberg, Karl-Hei	57		SSG Königswinter/Köni	M50	5	49	2:42:37	2:42:39	0:23:00	1:03:14	1:33:02	2:07:36	1:18:49	1:23:51	3:51
49	1127	Grupp, Michael	61		Skills 04 Frankfurt/Frankl	M45	9	50	2:42:37	2:42:43	0:24:09	1:05:30	1:35:33	2:09:23	1:21:23	1:21:20	3:51
50	1128	Branse, Konrad	53		LG Kreis Ahrweiler/Bad	M55	3	52	2:43:31	2:43:36	0:23:28	1:04:11	1:34:36	2:09:01	1:20:10	1:23:27	3:52
51	1117	Schneider, Thomas	62		SSG Königswinter/Bonn	M45	10	54	2:43:39	2:43:41	0:23:19	1:03:47	1:33:52	2:08:20	1:19:28	1:24:14	3:52
52	1090	Lozano, Fernando	67	ESP	TSV Wendelstein/Nürm	M40	13	55	2:44:13	2:44:16	0:23:01	1:02:41	1:32:14	2:07:32	1:18:05	1:26:11	3:53
53	1164	Knorpp, Rainer	68		Spiridon Frankfurt/Bad H	M40	14	56	2:44:22	2:44:25	0:24:10	1:06:06	1:36:34	2:10:26	1:22:12	1:22:14	3:53
54	1169	Nüchel, Ole	78		Spiridon Frankfurt/Frank	M20	22	57	2:44:45	2:44:49	0:24:10	1:06:05	1:36:33	2:10:24	1:22:12	1:22:38	3:54
55	1166	Widmann, Wolfgang	57		LG Sulzburg-Laufen/Har	M50	6	58	2:44:45	2:44:47	0:23:57	1:06:07	1:36:47	2:11:01	1:22:14	1:22:34	3:54
56	1137	Willems, Winfried	57		DLC Aachen/Stolberg	M50	7	59	2:45:02	2:45:07	0:23:56	1:05:24	1:35:57	2:10:52	1:21:23	1:23:45	3:54
57	1023	Bayer, Thomas	71		LG Stadtwerke München	M20	23	60	2:45:26	2:45:29	0:21:48	0:59:52	1:27:44	2:03:00	1:14:32	1:30:58	3:55
58	1126	Engesser, Reiner	63		Power Team SV Lauffe	M45	11	61	2:45:29	2:45:33	0:22:46	1:02:56	1:33:23	2:08:46	1:18:41	1:26:52	3:55
59	1192	Giesen, Christoph	69		TV Roetgen/Wüselen	M20	24	62	2:45:32	2:45:41	0:24:44	1:07:25	1:37:44	2:11:43	1:23:20	1:22:21	3:55
60	1124	Zimmermann, Achim	69		SV Mindelzell/Jettingen	M20	25	63	2:45:41	2:45:49	0:23:55	1:05:24	1:35:54	2:10:25	1:21:23	1:24:27	3:55
61	1092	Riefer, Markus	66		SSC Hanau-Rodenbac	M40	15	64	2:45:45	2:45:48	0:22:45	1:02:29	1:31:53	2:05:36	1:17:46	1:28:02	3:55

Ergebnisse Männer

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
62	1100	Kurtz, Karl-Heinz	68		TSV Harburg/Bissingen	M40	16	65	2:46:13	2:46:18	0:21:48	0:59:52	1:27:46	2:02:59	1:14:31	1:31:48	3:56
63	1148	Giesen, Hartmut	67		TV Roetgen/Roetgen	M40	17	66	2:46:21	2:46:29	0:24:39	1:06:58	1:37:46	2:12:00	1:23:06	1:23:23	3:56
64	1120	Bernd, Uwe	60		LG Rüsselsheim/Rüsse	M45	12	67	2:47:00	2:47:04	0:22:31	1:02:30	1:32:26	2:08:43	1:17:49	1:29:15	3:57
65	1133	Bergmann, Jens-Erik	65		LC Solbad Ravensberg/	M40	18	68	2:47:19	2:47:21	0:22:25	1:03:40	1:35:04	2:11:56	1:19:59	1:27:23	3:57
66	1111	Reissner, Dr. Peter	63		TV Jahn Kempten/Wigge	M45	13	69	2:47:44	2:47:49	0:23:50	1:04:47	1:34:45	2:09:27	1:20:31	1:27:18	3:58
67	1021	Goy, Hartmut	86		LG Wetzlar/Wetzlar	M20	26	70	2:47:53	2:48:01	0:23:32	1:05:07	1:35:58	2:11:53	1:21:23	1:26:38	3:58
68	1159	Gerlicher, Rolf	71		LG Stadtwerke München	M20	27	71	2:48:28	2:48:32	0:24:25	1:06:40	1:37:32	2:12:44	1:22:47	1:25:46	3:59
69	1189	Heidelberger, Hans	53		LAC Quelle Fürth/Münch	M55	4	72	2:48:34	2:48:39	0:24:18	1:06:54	1:38:13	2:13:19	1:23:16	1:25:24	3:59
70	1222	Hauk, Markus	64		VT Zweibrücken/Zweib	M40	19	73	2:48:36	2:48:43	0:24:06	1:06:24	1:37:34	2:13:02	1:22:48	1:25:56	3:59
71	1210	Christoffels, Elmar	60		Dürener TV 1847/Merzer	M45	14	74	2:48:50	2:49:05	0:25:04	1:08:14	1:39:33	2:14:49	1:24:44	1:24:22	4:00
72	1205	Stadthaus, Holger	73		LSF Münster/Münster	M20	28	75	2:48:51	2:48:57	0:24:50	1:07:55	1:39:35	2:14:43	1:24:30	1:24:27	4:00
73	1161	Laudage, Jens	71		TV Maikammer/Neusta	M20	29	76	2:48:59	2:49:06	0:24:10	1:06:06	1:36:35	2:10:52	1:22:12	1:26:54	4:00
74	1209	Reidick, Dr. Thomas	60		PSV Grün-Weiß Kassel	M45	15	77	2:49:06	2:49:10	0:24:49	1:07:52	1:39:31	2:14:42	1:24:30	1:24:40	4:00
75	1186	Schmid-Appelrath, Marku	56		LAV asics Tübingen/Kir	M45	16	78	2:49:13	2:49:16	0:25:02	1:07:52	1:39:33	2:14:52	1:24:34	1:24:43	4:00
76	1172	Brockfeld, Stefan	66		TuS Deuz/Netphen	M40	20	79	2:49:16	2:49:19	0:23:55	1:06:07	1:37:08	2:13:14	1:22:20	1:27:00	4:00
77	1216	Noell, Thomas	65		LLC Marathon Regensb	M40	21	80	2:49:42	2:49:47	0:24:51	1:07:46	1:39:32	2:14:28	1:24:27	1:25:20	4:01
78	1228	Wiegand, Horst	67		SV Blau-Weiß Dodenhau	M40	22	81	2:50:14	2:50:17	0:24:50	1:07:54	1:39:34	2:15:21	1:24:31	1:25:46	4:02
79	1193	Herb, Stefan	77		TV Haldenwang/Mainz	M20	30	82	2:50:18	2:50:21	0:24:19	1:06:59	1:38:12	2:14:13	1:23:19	1:27:02	4:02
80	1146	Knisel, Gerold	57		LAV asics Tübingen/Tüb	M40	23	83	2:50:28	2:50:31	0:25:02	1:07:52	1:39:31	2:15:08	1:24:28	1:26:03	4:02
81	1187	Kirschner, Klaus	57		SV Blau-Weiß Dodenhau	M50	8	84	2:50:33	2:50:36	0:24:49	1:07:54	1:39:33	2:15:17	1:24:30	1:26:07	4:02
82	1198	Aue, Werner	61		SV Blau-Weiß Dodenhau	M40	24	85	2:50:48	2:50:52	0:24:49	1:07:54	1:39:35	2:15:19	1:24:31	1:26:22	4:02
83	1165	Reiß, Dr. Björn	76		LSF Münster/Münster	M20	31	86	2:51:14	2:51:21	0:24:52	1:07:55	1:39:38	2:15:50	1:24:30	1:26:52	4:03
84	1204	Baudek, Gerald	66		TSV Friedberg-Fauerba	M40	25	87	2:51:29	2:51:33	0:24:23	1:07:14	1:38:58	2:15:44	1:23:59	1:27:34	4:03
85	1217	Schuderer, Georg	57		LLC Marathon Regensb	M45	17	88	2:52:01	2:52:04	0:24:32	1:07:01	1:38:17	2:14:25	1:23:23	1:28:42	4:04
86	1185	Saatweber, Ingo	68		Spiridon Frankfurt/Lange	M40	26	89	2:52:28	2:52:31	0:24:36	1:07:41	1:39:32	2:15:55	1:24:25	1:28:06	4:05
87	1212	Hartl, Dr. Rudolf	53		LC Aichach/Aichach	M55	5	90	2:52:36	2:52:41	0:24:19	1:06:55	1:38:19	2:15:35	1:23:17	1:29:24	4:05
88	1215	Merkel, Hans	62		LLC Marathon Regensb	M45	18	91	2:53:00	2:53:05	0:24:51	1:07:47	1:39:30	2:15:34	1:24:27	1:28:38	4:05
89	1207	Maier, Elmar	62		Power Team SV Lauffe	M45	19	92	2:53:22	2:53:29	0:24:52	1:07:55	1:39:35	2:15:25	1:24:31	1:28:58	4:06
90	1248	Riedel, Roland	63		Adler-Langlauf Bottrop/	M45	20	93	2:53:42	2:53:50	0:25:06	1:08:35	1:40:41	2:17:36	1:25:22	1:28:29	4:06
91	1182	Wache, Hans-Jörg	60		LAV asics Tübingen/Tüb	M45	21	94	2:53:43	2:53:46	0:24:49	1:07:52	1:39:33	2:15:44	1:24:29	1:29:18	4:06
92	1183	Bronner, Wolfgang	56		LG Sulzburg-Laufen/Sul	M50	9	95	2:53:45	2:53:49	0:25:38	1:09:53	1:42:01	2:18:04	1:26:42	1:27:07	4:07
93	1179	Engelmohr, Ernst- Ludwi	58		SV Blau-Weiß Dodenhau	M50	10	96	2:54:00	2:54:03	0:24:49	1:07:53	1:39:34	2:15:57	1:24:30	1:29:33	4:07
94	1122	Lipecki, Tim	73		LG Bad Soden/Neuenha	M20	32	97	2:54:04	2:54:09	0:23:56	1:04:47	1:35:48	2:13:48	1:20:24	1:33:45	4:07
95	1221	Held, Frank	67		SC Roth/Gerlingen	M40	27	98	2:54:24	2:54:29	0:24:57	1:08:47	1:40:19	2:16:44	1:25:17	1:29:12	4:07
96	1278	Thome, Ralf	69		LT TV Rußhütte Saarbr	M20	33	99	2:54:28	2:54:40	0:25:45	1:10:00	1:42:04	2:18:34	1:26:43	1:27:58	4:08
97	1022	Berbalk, Marcel	87		VfB Germania Halbers	M20	34	100	2:54:33	2:54:36	0:21:57	1:00:59	1:32:20	2:11:14	1:17:24	1:37:12	4:08
98	1268	Natzke, Holger	58		TuS Deuz/Netphen	M50	11	101	2:54:41	2:54:47	0:24:57	1:09:18	1:41:39	2:18:18	1:26:16	1:28:32	4:08
99	1181	Möller, Holger	72		TSV Urfal 08 Niederurff	M20	35	102	2:55:10	2:55:16	0:24:50	1:07:54	1:39:36	2:16:37	1:24:31	1:30:45	4:09
100	1191	Morschhäuser, Edgar	60		LAZ Obernburg-Miltene	M45	22	104	2:55:18	2:55:21	0:25:28	1:09:34	1:41:58	2:18:20	1:26:40	1:28:41	4:09
101	1287	Matheis, Ralf	65		TSG Eisenberg/Eisenbe	M40	28	105	2:55:27	2:55:30	0:25:47	1:11:06	1:43:30	2:19:44	1:28:16	1:27:14	4:09
102	1262	Hollstein, Werner	58		LC Donnersberg/Münch	M50	12	107	2:55:47	2:55:57	0:25:34	1:09:28	1:41:41	2:18:30	1:26:23	1:29:35	4:09
103	1499	Engels, Herbert	48		TUS Köln rrh./Siegburg	M60	1	108	2:55:48	2:55:51	0:23:43	1:06:04	1:38:06	2:16:00	1:22:37	1:33:14	4:09
104	1237	Mehring, Bernd	56		SV Blau-Weiß Dodenhau	M50	13	109	2:55:54	2:56:00	0:25:25	1:09:39	1:42:15	2:19:23	1:26:44	1:29:16	4:10
105	1239	Kracht, Olaf	61		DJK VfR Saarn/Mülheim	M45	23	110	2:55:58	2:56:15	0:25:27	1:09:17	1:41:47	2:18:31	1:26:18	1:29:57	4:10
106	1306	Schmelzer, Luca	89		Power Team SV Lauffe	M20	36	111	2:56:38	2:56:42	0:22:52	1:04:43	1:36:30	2:15:30	1:21:09	1:35:34	4:11
107	8346	Walter, Christian	64		-/Eurasburg	M40	29	112	2:56:46	2:56:51	0:24:24	1:07:47	1:39:34	2:16:51	1:24:25	1:32:26	4:11
108	1265	Leuthäuser, Martin	65		SG Neunkirchen am Br	M40	30	113	2:56:51	2:56:53	0:25:15	1:09:53	1:42:02	2:19:19	1:26:42	1:30:11	4:11
109	1254	Fischer, Michael	66		SC Roth/Zirndorf	M40	31	114	2:57:07	2:57:16	0:26:05	1:11:37	1:45:37	2:23:03	1:29:58	1:27:18	4:11
110	1180	Schmitt, Alfred	59		SG Neunkirchen am Br	M45	24	115	2:57:10	2:57:11	0:25:26	1:09:52	1:42:19	2:19:34	1:26:51	1:30:21	4:11
111	1224	Sperlich, Jens	72		SFG Nellschütz/Taucha	M20	37	116	2:57:13	2:57:23	0:24:51	1:07:49	1:39:38	2:17:39	1:24:29	1:32:54	4:11
112	1184	Mammensohn, Erwin	48		TG Viktoria Augsburg/Fri	M60	2	117	2:57:14	2:57:19	0:25:03	1:08:13	1:40:32	2:18:16	1:24:56	1:32:23	4:12
113	1256	Müller, Jochen	53		TGM 1861 e.V. Mainz-	M55	6	119	2:57:34	2:57:37	0:25:40	1:10:42	1:43:25	2:20:21	1:27:54	1:29:44	4:12
114	1196	von Haacke, Ralf	69		SV Waldesch/Waldesch	M20	38	120	2:57:54	2:58:02	0:25:27	1:10:27	1:43:06	2:20:22	1:27:36	1:30:27	4:12
115	1174	Stolle, Jörg	67		VT Zweibrücken/Zweib	M40	32	121	2:58:08	2:58:11	0:24:07	1:06:53	1:39:12	2:17:03	1:23:44	1:34:27	4:13
116	1291	Mlynski-Wiese, Alexande	66		TV Roetgen/Roetgen	M40	33	122	2:58:45	2:58:53	0:25:32	1:10:36	1:43:33	2:21:33	1:27:57	1:30:56	4:14
117	1178	Schäfer, Jürgen	67		TV Haibach/Aschaffenb	M40	34	123	2:58:47	2:58:54	0:24:00	1:06:57	1:38:19	2:16:11	1:23:21	1:35:33	4:14
118	1258	Meissner, Thomas	58		LG Hof/Hof	M50	14	124	2:58:49	2:58:55	0:26:02	1:11:37	1:44:41	2:22:03	1:29:07	1:29:49	4:14
119	1257	Lippert, Reinhard	55		LTF Köllertal/Püttlingen	M50	15	125	2:58:58	2:59:06	0:26:05	1:10:54	1:43:27	2:20:40	1:28:05	1:31:02	4:14
120	1202	Sascha, Daniel	76		FTSV 1922 Straubing/	M20	39	126	2:59:02	2:59:04	0:25:20	1:09:51	1:42:31	2:21:22	1:26:44	1:32:20	4:14
121	1214	Fries, Elmar	53		TV Geiselhöring/Neufah	M55	7	127	2:59:03	2:59:09	0:25:43	1:10:45	1:43:42	2:21:14	1:28:08	1:31:02	4:14
122	1264	Kux, Dieter	61		ASC Darmstadt/Darmst	M45	25	128	2:59:07	2:59:24	0:24:29	1:07:41	1:39:36	2:18:13	1:24:30	1:34:55	4:14

Ergebnisse Männer

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
123	1238	Rosenthal, Matthias	63		DJK VfR Saarn/Mülheim	M45	26	129	2:59:07	2:59:23	0:25:27	1:09:17	1:41:47	2:21:06	1:26:19	1:33:05	4:14
124	1155	Kraus, André	75		LAC Veltins Hochsauerla	M20	40	130	2:59:08	2:59:12	0:25:02	1:09:33	1:41:54	2:19:37	1:26:30	1:32:43	4:14
125	1188	Van Gemmeren, Hans-J	53		TG Viktoria Augsburg/Ob	M55	8	131	2:59:45	2:59:50	0:25:03	1:08:13	1:40:32	2:18:17	1:24:56	1:34:54	4:15
126	1242	Messner, Hans-Christian	72		LAV asics Tübingen/Tüb	M20	41	132	3:00:23	3:00:28	0:25:31	1:09:30	1:41:41	2:20:58	1:26:23	1:34:05	4:16
127	1284	Praske, Klaus-Dieter	52		SUS Schalke 96/Gelse	M55	9	133	3:00:32	3:00:41	0:26:26	1:11:59	1:45:10	2:23:13	1:29:27	1:31:15	4:16
128	1286	Gross, Alfred	49		LAV asics Tübingen/Reu	M55	10	134	3:00:33	3:00:39	0:25:57	1:11:13	1:44:39	2:22:47	1:28:43	1:31:57	4:16
129	1229	Theß, Rainer	53		DLC Aachen/Aachen	M50	16	135	3:00:43	3:00:50	0:25:28	1:10:06	1:43:16	2:21:14	1:27:22	1:33:28	4:16
130	1149	Rühlemann, Wolfgang	57		MTV Seesen/Seesen	M50	17	136	3:01:03	3:01:08	0:23:54	1:06:54	1:39:35	2:17:49	1:24:14	1:36:55	4:17
131	1251	Wagner, Klaus	42		LG Bad Soden/Neuenha	M65	1	138	3:01:18	3:01:24	0:24:54	1:09:48	1:43:17	2:22:27	1:27:12	1:34:13	4:17
132	1153	Möbius, Jens	75		LRC Mittelsachsen/Mahl	M20	42	139	3:01:25	3:01:29	0:25:24	1:10:24	1:43:24	2:21:35	1:27:39	1:33:51	4:17
133	1154	Lüther, Markus	63		DJK VfR Saarn/Mülheim	M45	27	140	3:01:29	3:01:46	0:26:51	1:11:23	1:43:58	2:21:46	1:28:30	1:33:16	4:18
134	1245	Brand, Karl-Josef	53		LAZ Obernburg-Milttenbe	M55	11	141	3:01:41	3:01:47	0:25:27	1:09:33	1:42:22	2:21:58	1:26:41	1:35:07	4:18
135	1218	Augustin, Klaus	48		TG Witten/Witten	M60	3	142	3:01:56	3:02:00	0:23:43	1:06:40	1:40:01	2:19:56	1:23:44	1:38:16	4:18
136	1227	Strieker, Ewald	53		LGV Marathon Giessen	M55	12	143	3:02:24	3:02:33	0:25:49	1:10:54	1:43:50	2:22:52	1:27:57	1:34:37	4:19
137	1243	Sellmann, Walter	51		LGV Marathon Giessen	M55	13	144	3:02:27	3:02:35	0:26:26	1:11:57	1:45:12	2:23:41	1:29:25	1:33:11	4:19
138	1247	Schlag, Ferdi	52		DLC Aachen/Aachen	M50	18	145	3:02:50	3:02:56	0:25:24	1:10:05	1:43:58	2:23:51	1:27:37	1:35:19	4:19
139	1339	Hüglin, Heinz	50		LC Waldachtal/Waldach	M55	14	146	3:02:52	3:03:34	0:26:40	1:11:55	1:45:16	2:24:22	1:29:26	1:34:08	4:20
140	1231	Moser, Thilo	67		VfL Ostelsheim/Bad Tein	M40	35	147	3:03:12	3:03:30	0:24:19	1:06:54	1:38:18	2:18:10	1:23:16	1:40:14	4:20
141	1199	Metzler, Jürgen	76		TV Bad Orb/Offenbach	M20	43	148	3:03:16	3:03:30	0:25:47	1:11:07	1:44:49	2:23:54	1:28:43	1:34:47	4:20
142	1250	Schemm, Helmut	63		LLC Marathon Regensb	M45	28	150	3:03:49	3:03:54	0:25:20	1:09:19	1:42:08	2:21:42	1:26:19	1:37:35	4:21
143	1326	Dausch, Hans	52		LC Waldachtal/Waldach	M55	15	151	3:04:02	3:04:10	0:26:09	1:11:59	1:45:32	2:24:22	1:29:38	1:34:33	4:21
144	1255	Borrasch, Michael	58		SUS Schalke 96/Gelse	M50	19	152	3:04:14	3:04:16	0:26:00	1:11:04	1:44:32	2:23:13	1:28:29	1:35:47	4:21
145	1296	Schreieck, Martin	56		LCO Edenkoben/St. Ma	M50	20	154	3:04:29	3:04:40	0:25:34	1:09:28	1:41:42	2:21:13	1:26:23	1:38:17	4:22
146	1357	Schnellbach, Andreas	62		LG BEC/Gernsheim	M45	29	156	3:04:39	3:04:46	0:25:41	1:11:26	1:45:00	2:23:59	1:29:05	1:35:41	4:22
147	1312	Pohl, Stefan	64		TF Feuerbach/Gerlingen	M40	36	157	3:04:55	3:05:07	0:26:22	1:11:33	1:44:31	2:23:23	1:28:57	1:36:11	4:22
148	1223	Korth, Bernd	57		TV Trebur e.V./Trebur	M50	21	158	3:05:07	3:05:13	0:24:50	1:08:57	1:42:06	2:22:54	1:26:12	1:39:01	4:23
149	1167	Noll, Armin	58		TV 08 Niederwürzbach/	M50	22	159	3:05:08	3:05:12	0:24:11	1:06:23	1:37:57	2:15:18	1:22:47	1:42:25	4:23
150	1213	Höning, Michael	63		LG Sulzburg-Laufen/Mül	M45	30	160	3:05:33	3:05:44	0:26:08	1:09:22	1:40:30	2:20:11	1:25:39	1:40:06	4:23
151	1132	Klatt, Klaus Dieter	49		Skills 04 Frankfurt/Bad H	M55	16	161	3:06:21	3:06:27	0:26:01	1:12:30	1:47:01	2:27:06	1:30:30	1:35:58	4:24
152	1135	Kullmann, Dr. Richard	61		SSG Königswinter/Köni	M45	31	162	3:06:22	3:06:27	0:25:56	1:11:56	1:45:31	2:24:05	1:29:30	1:36:58	4:24
153	1363	Pichl, Holger	70		LG BEC/Stockstadt	M20	44	163	3:06:42	3:06:50	0:27:23	1:14:16	1:48:10	2:27:20	1:32:01	1:34:49	4:25
154	1309	Klinke, Siegfried	43		LG Reinbek-Ohe/Barsb	M65	2	164	3:06:47	3:06:50	0:26:05	1:12:26	1:46:28	2:25:58	1:30:18	1:36:33	4:25
155	1208	Link, Klaus	65		MTV Kronberg/Glashüt	M40	37	166	3:07:31	3:07:40	0:26:36	1:12:31	1:46:38	2:27:18	1:30:16	1:37:24	4:26
156	1246	Ott, Christian	57		LG Sulzburg-Laufen/Bre	M50	23	167	3:07:32	3:07:45	0:26:09	1:11:59	1:46:01	2:25:26	1:29:52	1:37:53	4:26
157	1190	Fernholz, Jürgen	48		LAV Oberhausen/Oberh	M60	4	168	3:07:53	3:08:00	0:25:51	1:11:41	1:46:56	2:28:23	1:30:11	1:37:50	4:27
158	1282	Reif, Wilhelm	52		Alfterer SC/Seeburg	M55	17	169	3:08:03	3:08:06	0:26:25	1:12:17	1:45:58	2:25:52	1:29:55	1:38:11	4:27
159	1419	Mohr, Michael	77		Spiridon Frankfurt/Frank	M20	45	170	3:08:03	3:08:51	0:27:25	1:14:45	1:48:33	2:26:43	1:32:35	1:36:17	4:27
160	1177	Paulus, Ralf	68		SV Blau-Weiß Dodenhau	M40	38	171	3:08:03	3:08:08	0:24:49	1:07:53	1:39:37	2:18:01	1:24:30	1:43:38	4:27
161	1393	Butler, Richard	64	IRL	TV Roetgen/Roetgen	M40	39	173	3:08:35	3:09:32	0:28:58	1:16:23	1:50:55	2:30:20	1:34:29	1:35:03	4:28
162	1272	Michels, Thomas	62		SV Kirchheimbolanden/	M45	32	174	3:08:49	3:08:54	0:26:25	1:13:09	1:47:36	2:27:12	1:31:09	1:37:46	4:28
163	1277	Pink, Günter	53		LTF Köllertal/Völklingen	M55	18	175	3:08:55	3:09:06	0:27:28	1:15:37	1:50:15	2:29:52	1:33:53	1:35:14	4:28
164	1300	Früchtl, Paul	65		FTSV 1922 Straubing/	M40	40	176	3:09:08	3:09:14	0:28:01	1:16:15	1:51:04	2:30:41	1:34:38	1:34:37	4:28
165	1195	Scheibitz, Christoph	75		SG Frankfurt-Nied/Fran	M20	46	177	3:09:18	3:09:29	0:26:06	1:11:53	1:45:43	2:25:37	1:29:36	1:39:53	4:29
166	1396	Wolter, Heiner	59		VT Zweibrücken/Zweib	M45	33	178	3:09:19	3:10:05	0:26:58	1:13:02	1:47:04	2:28:13	1:30:47	1:39:18	4:29
167	1260	Wolf, Dr. Dittmar	61		LAV asics Tübingen/Kir	M45	34	179	3:09:29	3:09:33	0:25:32	1:09:52	1:43:08	2:26:33	1:27:04	1:42:30	4:29
168	1266	Wagner, Erwin	55		LG Kreis Ahweiler/Sin	M50	24	180	3:09:29	3:09:38	0:25:37	1:10:43	1:44:44	2:25:37	1:28:27	1:41:12	4:29
169	1325	Peez, Christoph	59		LG Mörfelden-Walldorf	M45	35	181	3:09:51	3:10:04	0:27:29	1:14:46	1:48:59	2:28:38	1:32:46	1:37:18	4:29
170	1263	Kirschner, Armin	61		SV Blau-Weiß Dodenhau	M40	41	182	3:09:56	3:10:01	0:25:25	1:09:39	1:42:16	2:23:32	1:26:44	1:43:17	4:30
171	1078	Wittig, Klemens	37		LC Rapid Dortmund/Dort	M70	1	183	3:10:04	3:10:07	0:26:37	1:14:47	1:50:08	2:30:27	1:33:14	1:36:53	4:30
172	1310	Iffland, Volkmar	66		TV Haibach/Westerngru	M40	42	184	3:10:10	3:10:22	0:26:37	1:13:06	1:47:42	2:27:58	1:31:05	1:39:18	4:30
173	1323	Knörr, Rainer	62		SC Roth/Großshabersdo	M40	43	185	3:10:35	3:10:44	0:26:06	1:11:38	1:46:59	2:29:47	1:29:47	1:40:57	4:30
174	1281	Fabian, Günter	61		LG Rüsselsheim/Raunh	M45	36	186	3:10:46	3:10:52	0:25:31	1:10:42	1:45:35	2:28:28	1:28:26	1:42:26	4:31
175	1332	Becker, Jochen	54		TV Georgsmarienhütte/	M50	25	188	3:10:48	3:11:23	0:28:08	1:15:22	1:50:07	2:30:17	1:33:29	1:37:54	4:31
176	1304	Kulgemeyer, Dr. Christ	65		TV Georgsmarienhütte/	M40	44	189	3:10:55	3:11:07	0:27:52	1:16:25	1:51:43	2:32:19	1:35:10	1:35:58	4:31
177	1321	König, Hans	50		LG Sulzburg-Laufen/See	M50	26	190	3:11:00	3:11:41	0:28:24	1:15:33	1:50:20	2:30:34	1:33:51	1:37:51	4:31
178	1271	Ulbricht, Olaf	51		TuS 1897 Saulheim e.	M55	19	193	3:11:12	3:11:21	0:25:39	1:11:12	1:45:47	2:27:33	1:29:06	1:42:15	4:31
179	1294	Krehl, Günter	48		VfL Ostelsheim/Calw-St	M60	5	194	3:11:20	3:11:29	0:27:32	1:15:01	1:49:25	2:29:21	1:32:48	1:38:42	4:32
180	1305	Wäschle, Timo	78		Power Team SV Lauffe	M20	47	196	3:11:33	3:11:44	0:26:05	1:12:20	1:46:51	2:27:30	1:30:21	1:41:23	4:32
181	1346	Hanke, Peter	46		MTV Jahn Schladen/Ho	M60	6	197	3:11:53	3:12:01	0:26:50	1:14:00	1:49:15	2:30:53	1:32:36	1:39:26	4:32
182	1360	Kalweit, Siegfried	42		TSV Viktoria Mülheim/Mi	M65	3	198	3:12:12	3:12:20	0:27:34	1:16:03	1:51:52	2:32:48	1:34:47	1:37:33	4:33
183	1234	Stoll, Christian	59		TV Waldstraße Wiesbad	M45	37	199	3:12:13	3:12:18	0:25:17	1:10:11	1:43:39	2:25:12	1:27:37	1:44:41	4:33

Ergebnisse Männer

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
184	1365	Vogt, Hans	48		TSVgg Stackeden-Elsh	M60	7	202	3:13:16	3:13:29	0:27:13	1:13:54	1:48:34	2:30:03	1:32:00	1:41:29	4:34
185	1173	Engelhardt, Jörg	64		LG Eintracht Frankfurt/	M40	45	203	3:13:20	3:13:34	0:26:23	1:12:17	1:47:10	2:29:43	1:30:18	1:43:16	4:34
186	1318	Enz, Helmut	45		TG Kitzingen/Kitzingen	M60	8	204	3:13:44	3:13:55	0:27:34	1:15:38	1:50:59	2:31:16	1:34:09	1:39:46	4:35
187	1279	Fieting, Walter	60		TSV Urftal 08 Niederurff	M45	38	205	3:13:49	3:14:03	0:26:56	1:15:24	1:50:50	2:31:42	1:33:55	1:40:09	4:35
188	1041	Braumann, Oskar	68		Post-Sport- Telekom-Trie	M40	46	206	3:13:49	3:14:11	0:26:34	1:13:18	1:47:53	2:29:43	1:31:14	1:42:57	4:35
189	1385	Uttenweiler, Dieter	68		SV Dotternhausen/Dott	M40	47	207	3:14:29	3:14:40	0:26:37	1:12:30	1:47:42	2:29:26	1:30:31	1:44:10	4:36
190	1160	Stenger, Mario	66		TSG Kleinostheim/Karl	M40	48	210	3:14:45	3:14:58	0:26:09	1:12:03	1:45:01	2:24:00	1:29:31	1:45:28	4:36
191	1361	Schröder, Rene	65		LG Rüsselsheim/Rüsse	M40	49	212	3:14:50	3:15:18	0:26:57	1:13:55	1:48:51	2:30:09	1:32:18	1:43:00	4:37
192	1351	Fremgen, Bernd	62		LG Sulzburg-Laufen/Fre	M45	39	213	3:15:09	3:15:35	0:28:34	1:17:19	1:52:52	2:33:38	1:35:55	1:39:41	4:37
193	1283	Kont, Nihat	60		SV Schlau.com Saar 05	M45	40	215	3:15:15	3:15:26	0:27:48	1:16:25	1:52:21	2:33:42	1:35:11	1:40:15	4:37
194	1324	Loesch, Wolfgang	57		SC Roth/Roth	M50	27	216	3:15:20	3:15:32	0:26:24	1:14:27	1:49:32	2:32:39	1:32:48	1:42:44	4:37
195	1308	Nagowizyn, Wladimir	53		LAV Husum/Leck	M55	20	217	3:15:24	3:15:37	0:27:59	1:16:09	1:52:08	2:33:52	1:34:46	1:40:51	4:37
196	1356	Greisel, Wolfgang	52		TG Viktoria Augsburg/Lei	M55	21	218	3:15:25	3:15:31	0:26:21	1:14:41	1:50:18	2:32:23	1:33:14	1:42:17	4:37
197	1311	Kimmelman, Herbert	48		TSV Stein 1875 e.V./N	M60	9	219	3:15:27	3:15:34	0:26:13	1:13:04	1:48:07	2:29:48	1:31:16	1:44:18	4:37
198	1350	Schmidt, Erich	63		LG Sulzburg-Laufen/Ba	M45	41	220	3:15:32	3:16:13	0:28:31	1:16:36	1:51:17	2:32:29	1:34:52	1:41:21	4:38
199	1331	Trettin, Dr. Reinhard	51		TuS Deuz/Netphen	M55	22	224	3:16:46	3:17:05	0:28:23	1:17:30	1:54:07	2:36:05	1:36:41	1:40:25	4:39
200	1290	Wetzel, Stefan	69		WGL Schwäbisch Hall	M20	48	227	3:17:08	3:17:12	0:26:13	1:11:43	1:46:11	2:29:25	1:29:57	1:47:16	4:40
201	1370	Kohl, Walter	57		SV Blau-Weiß Dodenhau	M50	28	228	3:17:09	3:17:18	0:26:38	1:13:34	1:48:42	2:32:01	1:31:42	1:45:37	4:40
202	1317	Keller, Reinhold	57		TV 1896 Hergershausen	M50	29	229	3:17:33	3:17:43	0:28:29	1:18:20	1:54:19	2:35:42	1:37:07	1:40:36	4:40
203	1289	Rathmann, Werner	58		LG Mörfelden-Walldorf	M50	30	230	3:17:37	3:17:50	0:25:34	1:09:28	1:41:48	2:22:30	1:26:26	1:51:25	4:40
204	1384	Sauer, Willi	59		TV Roßdorf / LAZ Bruc	M45	42	231	3:17:45	3:18:44	0:29:38	1:17:56	1:52:55	2:34:16	1:36:00	1:42:44	4:41
205	1341	Viehöfer, Peter	62		VfB Fallersleben/Wolfs	M45	43	234	3:18:38	3:19:04	0:27:36	1:16:34	1:52:49	2:36:20	1:35:29	1:43:35	4:42
206	1274	Bednarsch, Roland	67		TV Bad Brückenaue/Sinn	M40	50	235	3:19:14	3:19:25	0:26:03	1:12:26	1:48:03	2:33:52	1:31:03	1:48:22	4:43
207	1276	Landis, Johannes	61		SG Neunkirchen am Br	M45	44	236	3:19:14	3:19:16	0:25:27	1:10:31	1:44:49	2:28:56	1:28:12	1:51:05	4:43
208	1397	Riemer, Peter	55		LSG Saarbrücken-Sulz	M50	31	237	3:19:31	3:19:46	0:28:40	1:18:19	1:55:01	2:37:22	1:37:41	1:42:05	4:43
209	1315	Rust, Frank	43		TSV Solingen/Solingen	M65	4	238	3:19:35	3:19:38	0:27:36	1:17:12	1:53:28	2:34:52	1:36:10	1:43:29	4:43
210	1379	Strack, Thilo	55		TSV 06 Cappel/Ober-Ra	M50	32	239	3:19:37	3:19:46	0:28:28	1:17:54	1:54:26	2:35:53	1:37:10	1:42:37	4:43
211	1347	Revermann, Bernhard	46		LAV asics Tübingen/Tüb	M60	10	242	3:20:32	3:20:44	0:28:01	1:18:33	1:55:48	2:39:12	1:38:07	1:42:37	4:45
212	1388	Baque, Hans	58		1. FC Kaiserslautern/Lin	M50	33	244	3:21:04	3:21:21	0:27:20	1:15:40	1:52:46	2:36:57	1:34:53	1:46:28	4:45
213	1288	Stiller, Achim	65		LG Mörfelden-Walldorf	M40	51	245	3:21:15	3:21:28	0:26:34	1:13:49	1:49:00	2:32:12	1:31:46	1:49:43	4:46
214	1402	Leib, Dr. Jürgen	46		LG Wettenberg/Wettenb	M60	11	246	3:21:24	3:21:36	0:29:46	1:20:57	1:57:34	2:39:01	1:40:11	1:41:26	4:46
215	1450	Schneider, Manfred	71		LG Kreis Dachau/Markt	M20	49	247	3:21:48	3:21:55	0:28:25	1:18:58	1:57:36	2:39:50	1:40:17	1:41:39	4:46
216	1355	Meiser, Christoph	60		LA Team Saar/Heuswei	M45	45	248	3:22:05	3:22:18	0:29:00	1:18:57	1:55:38	2:38:13	1:38:13	1:44:06	4:47
217	1354	Furtner, Rudi	48		TV Geiselhöring/Dingol	M55	23	249	3:22:35	3:22:41	0:28:10	1:17:31	1:54:46	2:38:07	1:36:46	1:45:55	4:48
218	1280	Bruns, Hartwig	72		Skills 04 Frankfurt/Oberu	M20	50	253	3:23:02	3:23:09	0:26:36	1:14:24	1:50:00	2:32:18	1:32:47	1:50:22	4:48
219	1241	Wenzel, Dr. Christoph	60		VfB Fallersleben/Gifhorn	M45	46	254	3:23:08	3:23:13	0:29:09	1:20:09	1:57:25	2:40:27	1:39:54	1:43:19	4:48
220	1106	Weil, Christoph	58		LAZ Bruchköbel/Bruchk	M50	34	255	3:23:15	3:23:27	0:29:36	1:20:32	1:58:08	2:40:47	1:40:22	1:43:06	4:48
221	1394	Wermers, Thomas	61		TV Roetgen/Roetgen	M45	47	256	3:23:21	3:24:19	0:29:39	1:18:43	1:55:44	2:39:50	1:37:53	1:46:26	4:49
222	1343	Weiss, Reinhold	48		LAV asics Tübingen/Rot	M60	12	258	3:23:31	3:23:40	0:28:46	1:20:33	1:58:29	2:42:26	1:40:32	1:43:08	4:49
223	1395	Kessel, Lothar	57		TV 1848 Bodenheim/Bo	M50	35	260	3:23:38	3:23:58	0:29:14	1:20:19	1:58:08	2:40:57	1:40:13	1:43:45	4:49
224	1249	Stifter, Rudi	57		TV Geiselhöring/Landau	M50	36	261	3:23:57	3:24:03	0:28:14	1:18:33	1:56:18	2:40:37	1:38:16	1:45:48	4:50
225	1316	Haaser, Matthias	66		TV Witzhelden/Leichlin	M40	52	262	3:23:58	3:24:13	0:28:06	1:17:36	1:54:15	2:36:11	1:36:50	1:47:23	4:50
226	1369	Spiel, Gerhard	53		SV Blau-Weiß Dodenhau	M55	24	264	3:24:33	3:24:42	0:27:53	1:18:49	1:56:33	2:40:46	1:38:39	1:46:04	4:50
227	1353	Portune, Robert	52		TG Viktoria Augsburg/Ne	M55	25	265	3:24:42	3:24:47	0:29:00	1:19:41	1:57:01	2:40:07	1:39:22	1:45:26	4:51
228	1455	Rihak, Volker	61		LG BEC/Gernsheim	M45	48	266	3:24:52	3:24:59	0:26:10	1:12:45	1:47:50	2:34:09	1:30:52	1:54:07	4:51
229	1240	Jakob, Armin	64		LTF Köllertal/Heusweiler	M40	53	267	3:25:01	3:25:10	0:26:14	1:11:12	1:44:56	2:29:24	1:28:40	1:56:31	4:51
230	1362	Weidner, Helmut	49		TV Georgsmarienhütte/	M55	26	268	3:25:03	3:25:30	0:28:33	1:18:33	1:56:41	2:41:20	1:38:34	1:46:56	4:51
231	1411	Ammon, Voker	57		LCO Edenkoben/Großf	M50	37	269	3:25:07	3:25:16	0:30:46	1:22:35	2:00:20	2:43:33	1:42:21	1:42:56	4:51
232	1297	Mitzscherling, Rolf	62		LAC Veltins Hochsauerla	M45	49	270	3:25:52	3:26:02	0:29:11	1:19:53	1:57:35	2:42:07	1:39:31	1:46:32	4:52
233	1381	Scholtz, Helmut	39		LG Wettenberg/Lollar	M65	5	271	3:26:01	3:26:13	0:29:01	1:20:57	1:58:42	2:42:49	1:40:37	1:45:37	4:52
234	1009	Ruopp, Markus	76		SV Ohmenhausen/Reut	M20	51	273	3:26:33	3:26:42	0:30:25	1:23:16	2:01:30	2:45:40	1:43:26	1:43:17	4:53
235	1364	Romanczyk, Joachim	52		DJK Preußen 1911 Boc	M55	27	274	3:27:00	3:27:53	0:30:30	1:21:02	1:58:16	2:43:09	1:40:24	1:47:30	4:54
236	1421	Partes, Peter	62		LG BEC/Pfungstadt	M45	50	278	3:27:23	3:28:15	0:30:31	1:23:17	2:01:27	2:45:49	1:43:32	1:44:43	4:54
237	1348	Meyer, Thorsten	77		LG Kreis Ahrweiler/Sin	M20	52	281	3:27:39	3:27:59	0:29:14	1:20:06	1:56:58	2:40:21	1:39:30	1:48:29	4:55
238	1285	Schnurr, Marco	77		TF Feuerbach/Stuttgart	M20	53	282	3:28:03	3:28:18	0:29:31	1:21:01	1:59:14	2:44:09	1:41:02	1:47:16	4:55
239	1404	Rigotti, Noris	49		LC Waldachtal/Horb am	M55	28	283	3:28:05	3:28:19	0:28:55	1:20:11	1:58:23	2:44:08	1:40:05	1:48:14	4:55
240	1342	Johnen, Walter	45		LAV asics Tübingen/Rot	M60	13	284	3:28:09	3:28:18	0:28:46	1:20:33	1:58:29	2:43:03	1:40:32	1:47:46	4:55
241	1392	Etz, Rolf	53		TV Igstadt/Wiesbaden	M55	29	285	3:28:48	3:28:55	0:28:46	1:20:02	1:58:28	2:43:56	1:40:08	1:48:48	4:56
242	1377	Bodewig, Josef	52		LTF Köllertal/Püttlingen	M55	30	286	3:28:50	3:29:13	0:29:04	1:18:31	1:55:44	2:41:21	1:37:48	1:51:25	4:56
243	1432	Klein, Reiner	60		LCO Edenkoben/Haupt	M45	51	288	3:28:59	3:29:53	0:31:24	1:23:12	2:01:19	2:45:43	1:43:15	1:46:38	4:57
244	1319	Hartung, Andreas	68		TSV Obervorschütz/Fri	M40	54	292	3:29:15	3:29:35	0:29:59	1:21:20	1:58:37	2:42:29	1:40:54	1:48:42	4:57

Ergebnisse Männer

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
245	1498	Lieder, Viktor	57	LG	Vulkaneifel/Daun-Bo	M50	38	294	3:29:31	3:29:51	0:28:58	1:19:17	1:57:09	2:42:05	1:39:00	1:50:52	4:57
246	1333	Scholze, Michael	55	TuS	Deuz/Netphen	M50	39	296	3:29:43	3:30:01	0:31:19	1:24:00	2:01:32	2:46:08	1:43:08	1:46:54	4:58
247	1314	Gorbunov, Dr. Anton	49	TV	Geiselhöring/Kelhei	M55	31	300	3:30:11	3:30:21	0:28:09	1:17:57	1:54:35	2:40:39	1:37:11	1:53:10	4:58
248	1340	Holtkötter, Michael	56	LSF	Münster/Münster	M50	40	305	3:32:32	3:32:40	0:28:27	1:17:28	1:54:24	2:39:21	1:36:34	1:56:07	5:02
249	1389	Kühl, Udo	65	DJK	Armada Euchen-W	M40	55	306	3:32:48	3:33:41	0:31:24	1:24:13	2:03:03	2:47:09	1:44:47	1:48:54	5:02
250	1406	Schäfers, Gottfried	38	LSF	Münster/Altenberge	M70	2	307	3:33:07	3:33:15	0:29:47	1:21:44	2:01:37	2:48:18	1:42:13	1:51:02	5:03
251	1366	Heublein, Stefan	66	SV	Fischbach 1912 e.V	M40	56	308	3:33:19	3:33:54	0:30:23	1:20:56	1:58:09	2:43:16	1:40:16	1:53:38	5:03
252	1344	Hefter, Rainer	66	TV	Haibach/Hoesbach	M40	57	310	3:33:34	3:33:46	0:26:46	1:15:43	1:53:37	2:41:02	1:35:23	1:58:23	5:03
253	1390	Jäger, Michael	64	SV	Blau-Weiß Dodenhau	M40	58	313	3:33:46	3:33:56	0:28:52	1:20:14	1:58:51	2:45:57	1:40:15	1:53:41	5:03
254	1383	Petermann, Stefan	68	LSF	Münster/Nottuln	M40	59	314	3:33:52	3:34:09	0:29:51	1:21:38	1:59:49	2:45:27	1:41:45	1:52:25	5:04
255	1420	Behrens, Stefan	44	LG	Wettenberg/Marburg	M60	14	315	3:34:09	3:34:21	0:29:46	1:20:57	1:58:27	2:42:43	1:40:31	1:53:51	5:04
256	1457	Schlecht, Michael	61	TSV	Obervorschütz/Bau	M45	52	316	3:34:14	3:34:36	0:31:04	1:24:18	2:03:52	2:49:15	1:45:06	1:49:30	5:04
257	1375	Piprek, Adolf	63	TSV	München Nord-Os	M45	53	319	3:35:14	3:35:43	0:31:25	1:24:46	2:04:41	2:50:34	1:45:21	1:50:23	5:06
258	1401	Göthert, Dieter	47	SG	Neunkirchen am Br	M60	15	321	3:35:49	3:36:34	0:30:55	1:22:54	2:01:41	2:47:29	1:43:02	1:53:32	5:06
259	1428	Klobusch, Manfred	41	SUS	Schalke 96/Gelse	M65	6	322	3:35:50	3:36:03	0:29:31	1:22:57	2:04:20	2:50:12	1:43:43	1:52:21	5:06
260	1400	Drullmann, Marco	75	Laufftreff	Butzbach eV/Bu	M20	54	324	3:36:29	3:37:43	0:33:23	1:27:54	2:08:02	2:52:20	1:49:04	1:48:39	5:07
261	1413	Sauer, Heinz	50	SV	Fischbach 1912 e.V	M55	32	325	3:36:31	3:37:05	0:30:23	1:21:38	2:00:50	2:47:58	1:41:59	1:55:07	5:07
262	1431	Lappe, Udo	58	TV	Roetgen/Roetgen	M50	41	326	3:36:39	3:37:49	0:33:34	1:28:26	2:08:40	2:54:18	1:49:36	1:48:13	5:08
263	1423	Boor, Stefan	73	TV v.	1848 Coburg e.V.	M20	55	327	3:37:53	3:38:44	0:32:12	1:25:12	2:03:24	2:48:52	1:45:33	1:53:11	5:09
264	1425	Albers, Franz	38	Vfl.	Germania Leer/Leer	M70	3	331	3:39:06	3:39:36	0:30:11	1:22:36	2:01:56	2:49:26	1:43:01	1:56:36	5:11
265	1372	Welsch, Andreas	85	SV	Ohmenhausen/Engs	M20	56	333	3:39:23	3:39:32	0:30:24	1:23:16	2:01:30	2:45:41	1:43:26	1:56:07	5:11
266	1467	Hagemann, Fritz	43	TV	Arnsberg/Arnsberg	M65	7	334	3:39:35	3:39:47	0:30:13	1:24:09	2:04:18	2:52:15	1:45:00	1:54:48	5:12
267	1410	Hensen, Joris	77	LG	Mörfelden-Walldorf	M20	57	335	3:39:55	3:40:20	0:31:59	1:26:00	2:06:04	2:52:55	1:47:03	1:53:18	5:12
268	1414	Wiedemann, Klaus	49	TuS	Deuz/Erdtebrück	M55	33	336	3:40:23	3:40:41	0:31:48	1:24:55	2:04:28	2:51:51	1:45:37	1:55:05	5:13
269	1374	Hörnchen, Marco	81	TuS	Mechernich 1897/	M20	58	337	3:40:57	3:41:36	0:30:54	1:22:31	2:00:54	2:48:08	1:42:26	1:59:11	5:14
270	1412	Heise, Ulrich	38	DJK	Elmar Kohlscheid/	M70	4	340	3:41:16	3:41:26	0:28:49	1:20:34	2:01:08	2:49:58	1:41:40	1:59:47	5:14
271	1458	Woldert, Klaus	41	TuS	Metzingen/Grafenb	M65	8	342	3:41:28	3:42:07	0:32:58	1:28:08	2:07:28	2:54:58	1:48:49	1:53:19	5:14
272	1439	Kminek, Burckhard	40	Spiridon	Frankfurt/Neu-I	M65	9	343	3:41:32	3:42:18	0:32:11	1:24:36	2:03:22	2:48:46	1:45:02	1:57:16	5:15
273	1334	Seinsche, Steffen	70	LG	Mörfelden-Walldorf	M20	59	344	3:44:00	3:44:25	0:29:41	1:20:09	1:58:18	2:51:04	1:39:53	2:04:32	5:18
274	1448	Jäger, Jürgen	61	TV	Haibach/Haibach	M45	54	345	3:44:21	3:44:33	0:27:35	1:18:24	2:02:01	2:55:41	1:40:05	2:04:28	5:18
275	1252	Netzer, Bernd	46	LG	Bad Soden/Neuenha	M60	16	347	3:44:33	3:44:48	0:31:39	1:26:04	2:06:49	2:55:48	1:47:00	1:57:48	5:19
276	1328	Schmitz, Michael	53	FTSV	1922 Straubing/	M55	34	348	3:44:43	3:45:09	0:30:03	1:20:36	1:58:16	2:51:49	1:40:14	2:04:55	5:19
277	1337	Spehr, Andreas	68	TSV	München Nord-Os	M40	60	349	3:44:48	3:45:18	0:30:03	1:22:20	2:01:53	2:49:32	1:43:06	2:02:13	5:19
278	1426	Kopf, Otto	52	Offenbacher	LC/Offenb	M55	35	350	3:44:54	3:45:28	0:31:19	1:26:07	2:06:49	2:54:56	1:47:23	1:58:06	5:19
279	1454	Vetter, Albert-Eugen	54	LG	Brandenkopf/Zell a.	M50	42	351	3:45:23	3:45:43	0:30:27	1:23:14	2:02:12	2:51:14	1:43:38	2:02:06	5:20
280	1408	Kehrbusch, Rainer	73	LG	Kreis Ahrweiler/Bad	M20	60	353	3:46:11	3:47:53	0:34:00	1:30:57	2:12:28	2:59:13	1:52:50	1:55:04	5:21
281	1386	Füger, Claus	53	LAV	asics Tübingen/Tüb	M55	36	354	3:46:45	3:48:14	0:31:02	1:21:28	2:00:00	2:51:59	1:41:17	2:06:58	5:22
282	1261	Hensen, Helke	50	LG	Mörfelden-Walldorf	M55	37	357	3:48:29	3:48:54	0:32:00	1:26:00	2:07:53	2:58:58	1:47:36	2:01:18	5:24
283	1405	Hoveling, Heinz	47	LSF	Münster/Münster	M60	17	359	3:48:44	3:48:52	0:29:57	1:21:42	2:02:28	2:54:24	1:42:49	2:06:03	5:25
284	1446	Kammer, Thomas	58	LC	Völklingen/Spiesen-	M50	43	360	3:48:49	3:50:16	0:35:50	1:33:34	2:15:28	3:03:20	1:55:33	1:54:43	5:25
285	1435	Bannert, Reinhard	54	TuS	Deuz/Netphen	M50	44	361	3:49:24	3:49:43	0:32:08	1:26:19	2:06:56	2:57:33	1:47:24	2:02:20	5:26
286	1477	Holzknacht, Karl-Heinz	52	LG	Saar 70/Ottweiler	M55	38	362	3:49:46	3:51:08	0:34:02	1:31:57	2:13:12	3:04:31	1:53:58	1:57:10	5:26
287	1480	Oehme, Gerhard	41	LAV	asics Tübingen/Tüb	M65	10	363	3:50:11	3:52:16	0:35:17	1:32:45	2:15:11	3:04:53	1:54:41	1:57:35	5:27
288	1473	Trenz, Michael	67	LTF	Köllertal/Schwalba	M40	61	367	3:51:32	3:53:38	0:32:50	1:25:02	2:04:08	2:57:08	1:45:17	2:08:21	5:29
289	1460	Knülle, Werner	40	DJK	Grün-Weiß Werl/W	M65	11	369	3:51:49	3:51:54	0:28:38	1:20:49	2:01:06	2:51:55	1:41:31	2:10:24	5:29
290	1478	Wildmann, Axel	43	LG	Bad Soden/Neuenha	M65	12	370	3:52:56	3:53:10	0:32:23	1:28:28	2:10:04	3:01:33	1:50:19	2:02:52	5:31
291	1449	Hufner, Andreas	55	VfB	Fallersleben/Wolfs	M45	55	371	3:54:10	3:54:34	0:31:31	1:26:51	2:06:57	2:53:09	1:48:03	2:06:31	5:32
292	1371	Mohr, Oliver	68	SV	Blau-Weiß Dodenhau	M40	62	373	3:54:59	3:55:19	0:30:43	1:25:30	2:09:01	3:03:26	1:48:20	2:07:00	5:34
293	1453	Deeg, Jürgen	42	Vfl	Ostelsheim/Aidlinge	M65	13	375	3:55:28	3:55:49	0:33:05	1:31:26	2:15:07	3:06:26	1:54:32	2:01:17	5:34
294	1482	Dilg, Dr. Hans-Joachim	58	TV	Ludweiler/Saarbrück	M50	45	377	3:55:44	3:56:58	0:34:38	1:33:25	2:16:05	3:06:41	1:55:43	2:01:16	5:35
295	1415	Müller, Heino	53	TV	Ottweiler / LG Saar 7	M55	39	378	3:56:21	3:57:45	0:35:42	1:34:15	2:16:56	3:06:22	1:56:35	2:01:11	5:36
296	1429	Rühl, Heinz	37	TSV	Viktoria Mülheim/Mi	M70	5	379	3:56:43	3:57:40	0:33:39	1:32:14	2:15:45	3:06:59	1:54:57	2:02:43	5:36
297	1475	Ohsiek, Alois	39	TV	Oberwürzbach/Ober	M65	14	382	3:57:22	3:58:21	0:32:44	1:29:31	2:11:55	3:04:07	1:51:40	2:06:41	5:37
298	1367	Quitschorek, Martin	68	LAC	Veltins Hochsauerla	M40	63	383	3:57:27	3:58:09	0:33:34	1:31:23	2:16:06	3:07:14	1:54:37	2:03:33	5:37
299	1462	Winter, Heinz	40	LG	Hünxe/Hünxe	M65	15	384	3:57:59	3:58:27	0:33:27	1:31:53	2:14:14	3:03:25	1:54:13	2:04:14	5:38
300	1427	Wagner, Ulli	60	VfB	Fallersleben/wolfsb	M45	56	385	3:58:20	3:58:46	0:31:32	1:26:51	2:08:20	3:01:44	1:48:21	2:10:25	5:38
301	1464	Hofmann, Dr. Armin	53	ETSV	Lauda/Lauda-Kö	M55	40	386	3:58:48	3:59:46	0:33:24	1:28:25	2:08:40	3:04:34	1:49:25	2:10:21	5:39
302	1437	Maisch, Michael	63	SV	Mindelzell/Wiesenba	M45	57	387	3:58:50	3:59:26	0:30:43	1:22:24	2:02:51	2:58:29	1:42:56	2:16:30	5:39
303	1459	Burgemeister, Udo	64	LG	Saar 70/Ottweiler	M40	64	390	3:59:36	4:00:54	0:33:02	1:28:29	2:11:47	3:07:27	1:50:27	2:10:28	5:40
304	1472	Mühe, Michael	62	LG	Geroldseck-Lahr/See	M45	58	392	4:00:36	4:03:09	0:36:11	1:33:30	2:16:19	3:07:52	1:55:44	2:07:25	5:42
305	1409	Burger, Martin	57	USC	Freiburg/Lahr	M50	46	394	4:01:39	4:02:31	0:33:45	1:29:51	2:11:30	3:05:27	1:51:34	2:10:57	5:43

Ergebnisse Männer

Pos	St-Nr.	Name	JG	NAT	Verein/*Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
306	1338	Dernbecher, Kurt	50		LTF Köllertal/Heusweiler	M55	41	396	4:02:32	4:02:56	0:29:35	1:21:04	2:03:08	3:03:11	1:42:13	2:20:43	5:44
307	1444	Gehring, Udo	69		LSF Münster/Münster	M20	61	399	4:03:57	4:04:47	0:35:44	1:35:38	2:19:30	3:13:58	1:58:29	2:06:19	5:46
308	1481	Blumenstiel, Alfons	38		TV Maikammer/Maikamm	M70	6	401	4:05:04	4:06:20	0:35:21	1:34:21	2:18:16	3:13:14	1:57:03	2:09:17	5:48
309	1483	Bärnreuther, Theodor	36		TDM Franken/Wendels	M70	7	402	4:05:33	4:05:52	0:32:47	1:31:22	2:14:27	3:09:22	1:53:52	2:12:00	5:49
310	1488	Crolla, Peter	67		LAG Saarbrücken/Saar	M40	65	403	4:06:35	4:09:34	0:36:26	1:34:16	2:17:49	3:12:17	1:57:01	2:12:33	5:50
311	1466	Schmidt, Klaus	60		TV Rheinzabern/Weinga	M45	59	404	4:06:53	4:08:30	0:36:29	1:38:53	2:25:29	3:18:12	2:03:15	2:05:15	5:51
312	1465	Ziermann, Ulrich	42		TV 1848 Schwabach/Sc	M65	16	406	4:07:53	4:08:20	0:32:41	1:30:33	2:14:25	3:11:53	1:53:02	2:15:19	5:52
313	1398	Lehnert, Christian	85		VfL Waldbreitbach/Wald	M20	62	409	4:10:01	4:12:21	0:38:33	1:38:54	2:23:17	3:17:48	2:02:28	2:09:54	5:55
314	1445	Kroszewski, Hans-Ulrich	51		TV Maikammer/Maikamm	M55	42	411	4:10:32	4:11:11	0:33:32	1:30:19	2:13:43	3:11:54	1:52:26	2:18:45	5:56
315	1476	Hertel, Rolf	53		SV Schlau.com Saar 05	M55	43	412	4:10:41	4:12:38	0:37:49	1:41:58	2:30:37		2:07:08	2:05:30	5:56
316	1490	Voegelin, Christoph	61		Adler-Langlauf Bottrop/	M45	60	417	4:14:56	4:17:03	0:35:13	1:34:25	2:18:56	3:17:36	1:57:03	2:20:01	6:02
317	1486	Fischbach, Dr. Rolf	33		LC Olympia Wiesbaden/	M75	1	423	4:28:53	4:32:16	0:38:26	1:40:23	2:28:33	3:29:24	2:04:55	2:27:22	6:22
318	1235	Assner, Bernd	71		LF Naheland/Schöneber	M20	63	426	4:49:14	4:49:22	0:31:52	1:35:46	2:32:03	3:44:41	2:03:07	2:46:15	6:51
319	1080	Deuß, Peter	37		-/Heldenstein	M70	8	427	4:58:15	4:59:12	0:35:44	1:38:07	2:30:51	3:44:14	2:04:33	2:54:40	7:04

Ergebnisse Frauen

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
1	F1003	Hahn, Susanne	78		SV Schlau.com Saar 05	W20	1	10	2:29:33	2:29:35	0:21:57	0:59:52	1:27:43	1:59:05	1:14:31	1:15:05	3:32
2	F1002	Bohn, Birgitt	71		Spiridon Frankfurt/Frank	W35	1	51	2:43:06	2:43:08	0:24:09	1:06:06	1:36:33	2:10:24	1:22:12	1:20:56	3:51
3	F1012	Pichlmaier, Bernadette	69		LAG Mittlere Isar/Tegern	W35	2	53	2:43:35	2:43:38	0:23:53	1:05:06	1:35:23	2:09:52	1:20:55	1:22:43	3:52
4	F1009	Willcox-Heidner, Victoria	73		LC Solbad Ravensberg/	W35	3	103	2:55:11	2:55:14	0:25:47	1:11:32	1:43:51	2:19:43	1:28:35	1:26:40	4:09
5	F1008	Matheis, Josefa	66		TSG Eisenberg/Eisenbe	W40	1	105	2:55:27	2:55:30	0:25:47	1:11:06	1:43:30	2:19:44	1:28:16	1:27:14	4:09
6	F1001	Pfeiffer, Ilona	75		LC Solbad Ravensberg/	W20	2	118	2:57:14	2:57:16	0:22:24	1:03:40	1:35:04	2:14:58	1:19:59	1:37:17	4:12
7	F1015	Wallow, Meike	64		SF Blau-Gelb Marburg/	W40	2	137	3:01:14	3:01:18	0:26:11	1:11:57	1:45:10	2:23:15	1:29:25	1:31:54	4:17
8	F1018	Dilger, Inge	53		FTSV 1922 Straubing/	W55	1	149	3:03:25	3:03:30	0:25:42	1:11:19	1:45:01	2:23:55	1:29:05	1:34:25	4:20
9	F1040	Hartwig, Beate	60		TV Hechtsheim 1882 e.	W45	1	153	3:04:15	3:04:31	0:26:54	1:13:06	1:46:44	2:25:33	1:30:47	1:33:44	4:21
10	F1016	Strothmann, Antje	68		LC Solbad Ravensberg/	W40	3	155	3:04:34	3:04:37	0:25:44	1:11:33	1:45:38	2:24:53	1:29:26	1:35:11	4:22
11	F1011	Hajek, Branka	84		LAZ Salamander Kornw	W20	3	165	3:07:05	3:07:13	0:26:51	1:14:15	1:48:40	2:28:11	1:32:24	1:34:49	4:26
12	F1117	Böhler, Dr. Viera	64		Spiridon Frankfurt/Schw	W40	4	172	3:08:20	3:08:32	0:27:21	1:14:24	1:48:46	2:28:38	1:32:21	1:36:11	4:27
13	F1035	Hofmann, Angelika	58		ETSV Lauda/Lauda-Kö	W50	1	187	3:10:47	3:10:50	0:26:32	1:13:52	1:48:47	2:29:13	1:32:04	1:38:47	4:31
14	F1044	Trenz, Susanne	69		SV Schlau.com Saar 05	W35	4	191	3:11:06	3:11:17	0:27:01	1:14:58	1:50:26	2:31:14	1:33:29	1:37:49	4:31
15	F1041	Fischer, Anne	55		ATS Cuxhaven/Cuxhav	W50	2	192	3:11:07	3:11:11	0:26:13	1:13:32	1:48:47	2:29:42	1:32:01	1:39:11	4:31
16	F1020	Kulgemeyer, Christin	78		TV Georgsmarienhütte/	W20	4	195	3:11:24	3:11:36	0:27:52	1:16:25	1:51:43	2:32:19	1:35:09	1:36:27	4:32
17	F1019	Bornhütter, Nicole	69		Spiridon Frankfurt/Barnt	W35	5	200	3:12:17	3:12:24	0:27:15	1:14:18	1:50:00	2:30:49	1:33:00	1:39:25	4:33
18	F1014	Stöppler, Simone	64		SSC Hanau-Rodenbac	W40	5	201	3:12:27	3:12:46	0:27:59	1:16:08	1:51:37	2:32:13	1:34:34	1:38:12	4:33
19	F1039	Hölle, Annette	63		TSV Rottweil/Rottweil	W45	2	208	3:14:29	3:14:44	0:27:25	1:15:03	1:51:12	2:33:20	1:33:51	1:40:54	4:36
20	F1069	Knothe, Sabine	83		LSF Münster/Münster	W20	5	209	3:14:29	3:14:38	0:28:25	1:17:28	1:53:06	2:34:00	1:36:21	1:38:17	4:36
21	F1051	Holtkötter, Anne	58		LSF Münster/Münster	W50	3	211	3:14:47	3:14:56	0:28:27	1:17:28	1:53:28	2:34:10	1:36:27	1:38:30	4:36
22	F1054	Hille, Ulrike	79		SV Schlau.com Saar 05	W20	6	214	3:15:14	3:15:25	0:27:51	1:16:27	1:52:22	2:33:43	1:35:11	1:40:14	4:37
23	F1059	Holly, Sandra	71		LC Mengerskirchen/Wal	W35	6	220	3:15:32	3:16:36	0:29:59	1:19:47	1:56:10	2:37:30	1:38:55	1:37:42	4:38
24	F1017	Möllensiep, Sybille	62		SUS Schalke 96/Marl	W45	3	222	3:15:42	3:15:45	0:27:15	1:15:37	1:51:46	2:33:44	1:34:19	1:41:26	4:38
25	F1058	Graf, Regina	55		LLC Marathon Regensb	W50	4	223	3:16:08	3:16:20	0:28:21	1:17:53	1:54:26	2:35:51	1:37:11	1:39:09	4:38
26	F1056	Horst, Hannelore	49		LSF Münster/Osnabrück	W55	2	225	3:16:47	3:16:55	0:27:32	1:16:10	1:52:26	2:34:35	1:35:05	1:41:50	4:39
27	F1102	Taege-Schröder, Elke	64		TSV Thüngersheim/Höc	W40	6	226	3:17:03	3:17:23	0:27:58	1:16:25	1:53:21	2:35:51	1:35:33	1:41:50	4:40
28	F1021	Becker, Daniela	72		TuS Eintracht Wiesbader	W35	7	232	3:17:49	3:17:57	0:27:01	1:15:22	1:51:48	2:34:50	1:34:26	1:43:32	4:41
29	F1032	Wietscher, Antje	56		TV Witzhelden/Leichlin	W50	5	233	3:18:01	3:18:16	0:28:06	1:17:36	1:54:20	2:36:17	1:36:51	1:41:26	4:41
30	F1037	Keller, Barbara	59		ETSV Lauda/Tauberbi	W45	4	240	3:20:14	3:20:25	0:27:35	1:16:09	1:54:14	2:38:02	1:35:18	1:45:07	4:44
31	F1060	Risch, Karin	46		LG BEC/Ober-Ramstadt	W60	1	241	3:20:27	3:20:34	0:28:29	1:18:40	1:56:08	2:38:48	1:38:30	1:42:05	4:45
32	F1043	Gielen, Silke	57		Harburger SC/Hamburg	W50	6	243	3:21:00	3:21:05	0:27:38	1:16:14	1:52:27	2:34:45	1:35:08	1:45:58	4:45
33	F1105	Singer, Renate	65		SV Mindelzell/Ursberg	W40	7	250	3:22:42	3:23:17	0:30:38	1:22:19	1:59:40	2:42:36	1:42:05	1:41:13	4:48
34	F1061	Müller, Dagmar	60		SUS Schalke 96/Gelse	W45	5	251	3:22:48	3:22:52	0:28:59	1:19:55	1:57:50	2:41:17	1:39:42	1:43:11	4:48
35	F1087	Jungmann, Dana	50		FC Langenau/Langenau	W55	3	252	3:23:00	3:23:16	0:28:52	1:18:33	1:55:59	2:39:49	1:38:06	1:45:10	4:48
36	F1083	Krott, Anja	62		TV Roetgen/Roetgen	W45	6	257	3:23:23	3:24:19	0:29:38	1:18:36	1:55:44	2:40:03	1:37:54	1:46:25	4:49
37	F1062	Hartmann, Petra	66		TV Hergershausen/Die	W40	8	259	3:23:33	3:23:45	0:28:00	1:18:07	1:55:52	2:40:05	1:37:54	1:45:51	4:49
38	F1031	Osmann, Martina	73		Spiridon Frankfurt/Maint	W35	8	263	3:24:08	3:24:19	0:26:53	1:14:26	1:51:47	2:36:58	1:33:48	1:50:31	4:50
39	F1063	Heigl, Gabriele	58		SC Unterpfaffenhofen-G	W50	7	272	3:26:32	3:26:40	0:28:46	1:19:25	1:58:15	2:42:47	1:39:03	1:47:37	4:53
40	F1070	Hoch-Stirmkorb, Renate	59		ETSV Lauda/Schäfter	W45	7	275	3:27:04	3:27:17	0:29:04	1:20:06	1:58:42	2:43:45	1:40:02	1:47:15	4:54
41	F1048	Losert, Petra	63		TV Waldstraße Wiesbad	W40	9	276	3:27:10	3:27:32	0:30:13	1:21:19	1:59:14	2:43:06	1:41:09	1:46:23	4:54
42	F1046	Falkenstein, Dorothea	68		TV Maikammer/Neusta	W40	10	277	3:27:21	3:28:24	0:30:53	1:23:05	2:01:52	2:46:19	1:43:26	1:44:58	4:54
43	F1129	Miketta, Helga	41		Birkesdorfer TV/Düren	W65	1	279	3:27:28	3:28:21	0:31:44	1:23:14	2:01:21	2:44:58	1:43:07	1:45:14	4:55
44	F1065	Wirth, Dorothee	53		RLT Rodgau/Obertshau	W55	4	280	3:27:34	3:27:46	0:29:52	1:22:48	2:01:17	2:44:45	1:43:16	1:44:30	4:55
45	F1078	Welker, Conchita	62		TSV Obervorschütz/Zie	W45	8	287	3:28:52	3:29:13	0:30:22	1:21:52	2:01:20	2:45:16	1:42:31	1:46:42	4:56
46	F1095	Rainer, Kathy	61		DJK LÖWE Hambach/J	W45	9	289	3:29:05	3:29:58	0:32:06	1:25:15	2:03:01	2:46:51	1:45:16	1:44:43	4:57
47	F1055	Becker, Sybille	79		SV Schlau.com Saar 05	W20	7	290	3:29:09	3:29:23	0:30:10	1:22:11	2:00:13	2:45:09	1:42:01	1:47:22	4:57
48	F1047	Knobeloch, Edith	51		TG Werste/Bad Oeynha	W55	5	291	3:29:11	3:29:18	0:26:42	1:15:56	1:53:56	2:40:53	1:35:26	1:53:52	4:57
49	F1082	Schwindt, Nicole	57		LAV asics Tübingen/Reu	W50	8	293	3:29:20	3:29:33	0:29:52	1:22:31	2:01:18	2:45:30	1:42:54	1:46:39	4:57
50	F1085	Haep, Hildegard	52		LG Vulkaneifel/Daun	W55	6	295	3:29:31	3:29:52	0:28:57	1:19:17	1:57:08	2:42:05	1:38:59	1:50:53	4:57
51	F1080	Scholz, Marianne	55		TuS Deuz/Netphen	W50	9	297	3:29:43	3:30:02	0:31:54	1:23:23	2:01:33	2:46:08	1:43:08	1:46:55	4:58
52	F1075	Engstler, Monika	56		SV Schlau.com Saar 05	W50	10	298	3:29:49	3:30:03	0:30:15	1:23:14	2:01:51	2:46:37	1:43:41	1:46:22	4:58
53	F1096	Busse, Kathrin	67		VfB Fallersleben/Isenbüt	W40	11	299	3:29:56	3:30:55	0:29:49	1:21:46	2:01:05	2:46:43	1:42:12	1:48:44	4:58
54	F1074	Hohmeister, Manuela	68		LG Mörfelden-Walldorf	W40	12	301	3:30:52	3:31:17	0:29:42	1:21:11	1:59:31	2:44:40	1:41:05	1:50:13	4:59
55	F1050	Feyerabend, Maria	54		LSF Münster/Münster	W50	11	302	3:31:31	3:31:38	0:27:05	1:17:58	1:57:06	2:44:28	1:38:11	1:53:28	5:00
56	F1092	Constien, Imke	66		VfL Ostelsheim/Ostelshe	W40	13	303	3:32:10	3:32:34	0:27:46	1:17:18	1:54:41	2:40:22	1:36:40	1:55:54	5:01
57	F1071	Eckenbach, Dr. Ute	66		MTV Urberach/Rödern	W40	14	304	3:32:27	3:32:35	0:27:52	1:18:23	1:57:07	2:44:22	1:38:20	1:54:15	5:02
58	F1086	Schang-Schild, Jutta	66		TSV Obervorschütz/Kas	W40	15	309	3:33:32	3:33:53	0:30:11	1:22:07	2:01:15	2:48:02	1:42:29	1:51:25	5:03
59	F1100	Lipp-Scherzer, Regine	50		LAZ Salamander Kornw	W55	7	311	3:33:44	3:34:05	0:30:49	1:24:05	2:03:22	2:48:35	1:45:02	1:49:03	5:03
60	F1107	Sausen, Heike	69		SV Schlau.com Saar 05	W35	9	312	3:33:45	3:34:46	0:31:54	1:25:03	2:04:31	2:49:53	1:45:42	1:49:05	5:03
61	F1113	Schlecht, Karin	64		TSV Obervorschütz/Bau	W40	16	317	3:34:14	3:34:36	0:31:04	1:24:18	2:03:52	2:49:16	1:45:06	1:49:30	5:04

Ergebnisse Frauen

Pos	St-Nr.	Name	JG	NAT	Verein*/Ort	AK	AK-Pl.	Platz	Netto	Endzeit	6,3km	16,9km	24,1km	33,7km	1.HM	2.HM	M/km
62	F1045	Janßen, Tanja	69		SUS Schalke 96/Gelse	W35	10	318	3:34:26	3:34:30	0:28:59	1:19:53	1:57:57	2:43:40	1:39:52	1:54:38	5:04
63	F1103	Schmitz-Duppich, Lioba	64		LG Vulkaneifel/Gerolste	W40	17	320	3:35:34	3:35:52	0:30:53	1:23:42	2:03:07	2:50:15	1:44:26	1:51:26	5:06
64	F1111	Wassong, Margret	69		LG Vulkaneifel/Blankenh	W35	11	323	3:36:28	3:36:44	0:32:07	1:27:30	2:08:28	2:53:29	1:48:54	1:47:50	5:07
65	F1116	König, Irmtraut	53		Harburger SC/Hamburg	W55	8	328	3:38:12	3:38:21	0:30:35	1:24:51	2:04:41	2:50:26	1:45:51	1:52:31	5:10
66	F1110	Zimmer, Annelie	64		LG Vulkaneifel/Dreis-Bü	W40	18	329	3:38:54	3:39:11	0:32:07	1:27:30	2:08:29	2:54:18	1:48:55	1:50:16	5:11
67	F1099	Schwarzwälder, Sonja	63		TV Maikammer/Maikamn	W45	10	330	3:39:01	3:40:17	0:31:56	1:25:19	2:04:40	2:52:15	1:45:47	1:54:31	5:11
68	F1077	Geiger, Anita	53		SC Münstertal/Münster	W55	9	332	3:39:09	3:39:28	0:30:11	1:22:21	2:02:06	2:50:36	1:42:51	1:56:37	5:11
69	F1057	Jäger, Gertrud	55		TV Geiselhöring/Geisel	W50	12	338	3:41:02	3:41:19	0:30:34	1:23:41	2:04:15	2:53:25	1:44:31	1:56:48	5:14
70	F1109	Wawer, Cornelia	64		LG Vulkaneifel/Hilleshei	W40	19	339	3:41:13	3:41:31	0:32:07	1:27:30	2:08:29	2:54:22	1:48:55	1:52:36	5:14
71	F1118	Friedemann, Angelika	52		Lauf Team Unna/Unna	W55	10	341	3:41:25	3:41:40	0:30:32	1:24:06	2:04:21	2:52:14	1:44:59	1:56:41	5:14
72	F1094	Suwelack, Julia	47		LSF Münster/Münster	W60	2	346	3:44:29	3:44:45	0:30:48	1:24:39	2:05:36	2:53:28	1:45:27	1:59:18	5:19
73	F1097	Lutz, Ruth	53		LSF Münster/Münster	W55	11	352	3:46:04	3:46:20	0:30:56	1:25:33	2:06:27	2:56:11	1:46:55	1:59:26	5:21
74	F1076	Neubauer, Karen	64		SUS Schalke 96/Herten	W40	20	355	3:46:46	3:47:01	0:30:53	1:24:44	2:08:43	2:57:07	1:45:58	2:01:03	5:22
75	F1119	Mann, Irmgard	50		TV Bitburg/Bitburg	W55	12	356	3:47:21	3:48:05	0:33:27	1:31:38	2:13:46	3:01:43	1:53:59	1:54:06	5:23
76	F1088	Bünger, Marion	66		LG BEC/Riedstadt	W40	21	358	3:48:32	3:49:45	0:31:12	1:24:55	2:05:15	2:55:54	1:45:58	2:03:47	5:24
77	F1120	Queißer, Dr. Birgit	68		BBC Koblenz-Horchhei	W40	22	364	3:51:12	3:51:31	0:33:28	1:31:09	2:13:29	3:02:46	1:53:23	1:58:08	5:28
78	F1066	Meyer, Birgit	69		TV Waldstraße Wiesbad	W35	12	365	3:51:17	3:51:38	0:31:24	1:26:49	2:09:49	3:01:21	1:48:55	2:02:43	5:28
79	F1134	Herrfert, Susanne	56		LG Rüsselsheim/Raunh	W50	13	366	3:51:27	3:51:53	0:30:24	1:25:55	2:08:52	2:59:54	1:48:05	2:03:49	5:29
80	F1106	Mehles, Andrea	62		LG Vulkaneifel/Wallenbo	W45	11	368	3:51:46	3:52:02	0:32:06	1:27:29	2:08:29	2:58:05	1:48:55	2:03:08	5:29
81	F1123	Schmidt, Helga	64		LG Sulzburg-Laufen/Ba	W40	23	372	3:54:18	3:55:35	0:34:41	1:31:47	2:13:21	3:02:34	1:53:29	2:02:07	5:33
82	F1130	Schieffer, Christa	51		LT Alsdorf-Ost/Übach-P	W55	13	374	3:55:06	3:57:46	0:37:04	1:36:03	2:18:16	3:07:34	1:58:10	1:59:37	5:34
83	F1068	Spohr, Stephanie	62		LC Waldachtal/Geching	W45	12	376	3:55:35	3:55:49	0:31:32	1:28:30	2:11:54	3:05:20	1:50:47	2:05:02	5:34
84	F1139	Adamczak, Evelyne	72		LT Alsdorf-Ost/Übach-P	W35	13	380	3:56:56	3:59:37	0:37:04	1:35:32	2:18:25	3:10:05	1:57:49	2:01:48	5:36
85	F1128	Maas, Claudia	73		LTF Köllertal/Völklingen	W35	14	381	3:57:19	3:57:51	0:32:38	1:30:00	2:11:51	3:03:12	1:51:51	2:06:01	5:37
86	F1143	Petersen, Jutta	67		Spiridon Frankfurt/Alzen	W40	24	388	3:58:51	4:01:51	0:37:31	1:37:31	2:20:52	3:12:19	2:00:15	2:01:37	5:39
87	F1140	Walker, Helga	41		TV Rheinau 1893/Mannh	W65	2	389	3:59:31	4:01:46	0:37:53	1:37:58	2:21:18	3:10:57	2:01:02	2:00:44	5:40
88	F1147	Straub, Heike	65		Spiridon Frankfurt/Ascha	W40	25	391	4:00:02	4:03:02	0:37:31	1:37:31	2:20:51	3:12:21	2:00:15	2:02:48	5:41
89	F1081	Zeeck, Jennifer	71		Spiridon Frankfurt/Frank	W35	15	393	4:01:05	4:01:51	0:32:12	1:24:36	2:03:20	2:52:59	1:45:02	2:16:50	5:42
90	F1138	Ullrich, Dr. Kirsten	66		TSV Dresden/Langebrü	W40	26	395	4:02:02	4:02:46	0:33:25	1:31:13	2:14:33	3:06:53	1:53:35	2:09:12	5:44
91	F1151	Dzioba, Christine	59		VfB Fallersleben/Wolfs	W40	27	397	4:02:49	4:03:27	0:33:59	1:34:24	2:19:43	3:12:02	1:58:07	2:05:21	5:45
92	F1142	Cezanne, Angelika	63		LG Mörfelden-Walldorf	W45	13	398	4:02:58	4:05:14	0:37:43	1:38:10	2:23:28	3:15:01	2:01:37	2:03:37	5:45
93	F1089	Zimander, Ursula	58		DJK Marienstatt/Streith	W50	14	400	4:04:10	4:05:18	0:35:04	1:36:30	2:21:18	3:15:02	1:59:45	2:05:34	5:47
94	F1122	Kamp, Parvin	50		LSF Münster/Havixbeck	W55	14	405	4:07:26	4:08:17	0:36:40	1:38:51	2:23:52	3:17:26	2:01:58	2:06:20	5:51
95	F1064	Hain, Doris	61		VT Zweibrücken/Zweib	W45	14	407	4:08:56	4:10:00	0:34:21	1:34:15	2:21:14	3:18:55	1:58:32	2:11:29	5:53
96	F1141	Roos, Birgit	53		SG Anspach/Neu-Ansp	W55	15	408	4:09:11	4:10:35	0:35:43	1:38:28	2:25:31	3:19:14	2:03:08	2:07:28	5:54
97	F1135	Daschner, Beate	52		FTSV 1922 Straubing/	W55	16	410	4:10:28	4:12:45	0:37:47	1:37:52	2:23:06	3:16:54	2:01:18	2:11:27	5:56
98	F1131	Hertel, Rungtong	70	THA	SV Schlaub.com Saar 05	W35	16	413	4:12:58	4:14:32	0:37:40	1:41:42	2:30:14	3:24:54	2:06:46	2:07:47	5:59
99	F1137	Wieja, Gaby	68		VfB Fallersleben/Wolfs	W40	28	414	4:13:08	4:14:36	0:35:11	1:33:16	2:16:13	3:12:24	1:55:33	2:19:04	5:59
100	F1124	Quitschorek, Stefanie	69		LAC Veltins Hochsauerla	W35	17	415	4:13:11	4:13:54	0:38:10	1:43:42	2:31:20	3:26:13	2:08:45	2:05:09	6:00
101	F1121	Hoffmann, Petra	61		LAC Veltins Hochsauerla	W45	15	416	4:13:25	4:14:55	0:34:37	1:33:50	2:19:47	3:16:15	1:57:31	2:17:24	6:00
102	F1145	Kirschner, Anita	64		SV Blau-Weiß Dodenhau	W40	29	418	4:16:24	4:16:53	0:35:21	1:37:43	2:24:54	3:21:22	2:02:16	2:14:37	6:04
103	F1144	Schepp, Heidi	70		TV 1863 Dieburg/Diebu	W35	18	419	4:20:58	4:21:19	0:34:51	1:36:00	2:21:49	3:19:12	1:59:47	2:21:33	6:11
104	F1155	Zunk, Rosi	55		LG Vulkaneifel/Salm	W50	15	420	4:21:15	4:21:32	0:35:44	1:41:29	2:30:37	3:26:22	2:07:10	2:14:23	6:11
105	F1125	Bock, Andrea	60		SV Blau-Weiß Dodenhau	W45	16	421	4:26:29	4:28:55	0:41:01	1:47:36	2:36:24	3:33:25	2:13:17	2:15:39	6:18
106	F1149	Suck, Dorothee	74		LTF Köllertal/Riegelsber	W20	8	422	4:26:49	4:32:34	0:42:46	1:47:36	2:35:00	3:33:29	2:12:22	2:20:13	6:19
107	F1148	Bertram, Maria	46		LT Alsdorf-Ost/Baeswei	W60	3	424	4:35:02	4:40:51	0:42:38	1:46:35	2:34:44	3:34:23	2:11:09	2:29:42	6:31
108	F1136	Claus, Sabine	67		LF Villmar/Villmar	W40	30	425	4:43:58	4:45:35	0:42:34	1:54:23	2:46:08	3:44:38	2:21:04	2:24:31	6:43